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# Continuous-Amplitude Modulation for Optical Wireless Channels

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### Abstract

Continuous-amplitude modulation for wireless optical channels is presented. For bandwidth measured as 99% in-band power, its spectral efficiency is 4.57 times that of the same modulation format with discontinuous amplitude for the same power requirement.

### I. INTRODUCTION

In wireless optical and short-haul fiber links, intensity modulation with direct detection (IM/DD) is prevalent [1]–[4]. IM/DD gives access to only the intensity of light to carry information. As a consequence, conventional quadrature-amplitude modulation (QAM) and spectrally-efficient signaling schemes such as continuous phase modulation [5] cannot be used since they also encode data on the phase of the optical carrier. This makes the design of spectrally-efficient modulation formats for IM/DD channels challenging.

IM/DD systems, in the absence of optical amplification, can be modeled as additive white Gaussian noise (AWGN) channels with nonnegative inputs [1, Ch. 5], [2], [6], [7, Sec. 11.2.3]. One approach to increase spectral efficiency is by using nonnegative M-ary pulse amplitude modulation (M-PAM) [1, Eq. (5.8)]; however, M-PAM is power inefficient for M > 2 [8]. Another approach is by using subcarrier modulation (SCM), which enables the use of M-QAM over intensity-modulated channels by adding a direct current (DC) bias to the electrical signal to make it nonnegative [1, Ch. 5]. In [6] and our prior work [9]–[11], SCM formats are optimized to provide a good trade-off between power and spectral efficiency.

In this work, we present a continuous-amplitude modulation (CAM) format for IM/DD systems. In comparison with previously known modulation formats, the presented modulation format offers better spectral characteristics.

## II. SYSTEM MODEL

In IM/DD systems, an electrical nonnegative waveform x(t) modulates a light source such as a laser diode. At the receiver, the photodetector outputs the electrical signal y(t) which is proportional to the intensity of the incoming light. An equivalent baseband model for IM/DD when the dominating noise is from the receiver itself, and not from optical amplifiers is

$$y(t) = x(t) + n(t), \tag{1}$$

where  $x(t) \ge 0$  and n(t) is a zero-mean white Gaussian process with double-sided power spectral density  $N_0/2$ , under the assumption that the channel is nondistorting [1, Ch. 5], [2], [6], [7, Sec. 11.2.3], [12, p. 155]. The baseband channel input is  $x(t) = \sum_{k=-\infty}^{\infty} s_{u(k)}(t-kT)$ , where the symbols u(k), for  $k = \ldots, -1, 0, 1, \ldots$ , are independent and uniformly mapped to a real and nonnegative waveform belonging to the signal set  $S = \{s_0(t), s_1(t), \ldots, s_{M-1}(t)\}$ , where  $s_i(t) = 0$  for  $t \notin [0, T)$ ,  $i = 0, 1, \ldots, M-1$ , and T is the symbol period. The receiver demodulates y(t) using a correlator or matched filter receiver with a minimum-distance detector and puts out  $\hat{u}(k)$  as the estimate of u(k).

#### **III. CONTINUOUS-AMPLITUDE MODULATION**

In our prior work, a 4-level modulation format optimized to maximize the minimum distance between constellation points for average and peak optical power constraints was presented [11]. This modulation format was denoted as  $\mathcal{T}_4$  and consists of the signaling set

$$\mathscr{T}_4 = \{0, \sqrt{2/T} \ (1 + \cos(\pi t/T)) \ p(t), \sqrt{2/T} \ (1 - \cos(\pi t/T)) \ p(t), 2\sqrt{2/T} \ p(t)\},\tag{2}$$

where p(t) = rect(t/T) = 1 for  $t \in [0, T)$  and 0 elsewhere. The signals given in the set correspond to the labels  $s_0(t)$ ,  $s_1(t)$ ,  $s_2(t)$ , and  $s_3(t)$ . This modulation format is normalized to have unit average optical power. Fig. 1 depicts the baseband waveforms of  $\mathscr{T}_4$  over one symbol slot. One drawback of this signaling set is the sharp transitions that could occur between consecutive signals, e.g., if  $s_0(t)$  is followed by  $s_1(t)$ . This leads to spectral broadening and reduces spectral efficiency.

We propose a new modulation format  $\mathscr{T}_4^c$  which is constructed using  $\mathscr{T}_4$ . The general idea is that at every time interval, two symbols can be selected from  $\mathscr{T}_4$  in order to keep the signal amplitude continuous. Thus, if  $s_0(t)$  or  $s_1(t)$  are sent in time interval k, then either  $s_0(t)$  or  $s_2(t)$  can be sent in time interval k + 1 (see Fig. 2). Further, if  $s_2(t)$  or  $s_3(t)$  are sent in



Fig. 1. The baseband waveforms of  $\mathscr{T}_4$  over one symbol slot.  $\mathscr{T}_4^c$  is a subset of  $\mathscr{T}_4$  at every time interval.

$$s_0(t) \subset \bigcup_{s_1(t)}^{s_2(t)} S_3(t)$$

Fig. 2. A two-state Markov chain describing  $\mathscr{T}_{A}^{c}$  signaling.



Fig. 3. Spectra of  $\mathscr{T}_4$  and  $\mathscr{T}_4^c$ . Dotted lines indicate the normalized frequency for 90% in-band power and dashed lines for 99% in-band power.

time interval k, then either  $s_1(t)$  or  $s_3(t)$  can be sent in time interval k+1. This reduces the modulation rate but can improve spectral efficiency. The generated signal is continuous, and so is the first derivative, which also helps in producing a rapid roll-off of the power spectral density. For  $\mathscr{T}_4^c$ , the demodulator should use a detector that takes the memory into account, e.g., a maximum-likelihood sequence detector, rather than making decisions based on one output symbol only.

#### **IV. PERFORMANCE ANALYSIS**

To evaluate the performance of the above modulation formats, we use the spectral efficiency defined as  $\eta = R_b/W$  [bit/s/Hz], where  $R_b = R_s \log_2 M$  is the bit rate in bits per second,  $R_s = 1/T$  is the symbol rate in symbols per second, and W is the baseband bandwidth of x(t). To measure spectral efficiency, we use the fractional power bandwidth W defined as the width of the smallest frequency interval carrying a certain fraction of the total power as in [11, Eq. (10)]. Fig. 3 depicts the spectra  $S_x(f)$  of  $\mathcal{F}_4$  and  $\mathcal{F}_4^c$ , and the normalized frequencies fT corresponding to 90% and 99% in-band power. If the bandwidth is measured as 90% in-band power then  $\mathcal{F}_4^c$  has  $\eta = 2.87$  bits/s/Hz, which is 1.1 times that of  $\mathcal{F}_4$  ( $\eta = 2.61$  bits/s/Hz) for the same average and peak optical power requirement. Further,  $\eta = 2.87$  bits/s/Hz is 1.53 times that of OOK ( $\eta = 1.88$  bits/s/Hz) for a 0.62 dB degradation in average and peak optical power. However, if the bandwidth is measured as 99% in-band power,  $\mathcal{F}_4^c$  has  $\eta = 1.58$  bits/s/Hz which is 4.57 times that of  $\mathcal{F}_4$  ( $\eta = 0.35$  bits/s/Hz) for the same power requirement, and 8.25 times that of OOK ( $\eta = 0.19$  bits/s/Hz) for a 0.62 dB degradation in average and peak optical power.

#### V. CONCLUSIONS

We presented a continuous-amplitude modulation for intensity-modulated channels. This modulation format achieves high spectral efficiency which makes it suitable for low-cost systems.

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