Hang Out Inside

A possibility of young adults living responding to Nordic climate



ABSTRACT

Nordic countries always have a long winter time together with few daylight, strong wind and a lot of rain. This kind of unpleasant weather block people's life to the indoor. So the aim of this thesis is to design an inside hang out space that can support different kinds of activities.

I choose young adults apartment to be the carrier of this inside hang out space. Since young adults who live alone without accompanying families are the group of people who have the demand of this kind of common space to keep away from loneliness and have more execrise in daily life.

The thesis is developed through the method of research for design. Research part focus on what kinds of spatial qualities this inside hang out space should have to face the challenge coming from Nordic climate & young adults and serve as an extended common space in residential building. And then, build prototypes of spatial sequences, spatial scales and connection to outside with the considerations of needed spatial qualities. Design part is based on the research result and prototypes. The site I choose is a young adults apartment plot in an under construction community in Lindholmshamnen developed by Riksbyggens. My project has followed the community plan and the height restriction of the building. The result is an inside hang out space attached to a young adults apartment which can show a possibility of young adults living responding to Nordic climate.

The thesis focus on exploring the relations between space and people's activities, and the additional part is sensory space design. The theoretical background of this thesis is environmental psychology which throughout the entire process.

Examiner: Ola Nylander Supervisor: Jonas Carlson











Hang Out Inside A Possibility of Young Adults Living Responding to Nordic Climate

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Background





Background & Concept

Chapter 1 contains the statement of background, the bringing forward of concept, the claim of aiming spatial qualities and the study of relevent project.





When it is warm, sunny and has soft breeze, people will have bright mood and happy, by enjoying beautiful ice and snow. But the winter in Gothenburg skip all these interesting weather elements. Only have few sunlight, strong wind and a lot of rain.





When you are young (0-18), you are pro-tected by your parents.

Figure 1. The background story.

My hometown located in Northeast of China, where has really cold winter. The temperature is around -20 to -30 degree. Even though I am really get used to such cold climate, my first Swedish winter was still a hard period of time for me.

I think it has two reasons:

One is the feature of Nordic climate. If it is warm enough, people would like to hangout to enjoy the sunshine; If it is cold enough, people would also like to hangout to play with ice and snow. But if it is in between, together with strong wind, a lot of rain and long night time, it blocks people's life.

The other is my identity – young adults. Most of the young adults live alone, loneliness is an unavoidable problem, especially when the unpleasant weather take away the possibility of hangout with friends.

1℃ ⇔⇒ INDOOR



When you have your own family (≥ 30), you need to take care of your kids together with your mate. But when you are a young adult (18-30), you start to live alone and it makes you easier to be influenced by ambient

Challenge coming from Nordic climate

 $\frac{\log}{\operatorname{Nordic}} = \frac{1}{\operatorname{windy}} + \frac{1}{\operatorname{windy}} + \frac{1}{\operatorname{windy}} + \frac{1}{\operatorname{dark}}$

Nordic countries located in the high latitude area (55°N-70°N) have their typical climate features.

South-western parts closed to the ocean belong to the temperate maritime climate zone, southern in-land parts belong to temperate continental climate zone, and northern parts belong to frigid zone. Since the north Atlantic current is strong and coastlines are winding, Baltic Sea go into the in-land area, terrain in western area is relatively flat and moutains mainly go from west to east, so the wind and cyclone coming from west can go deep into in-land area that expand the effections coming from Atlantic. So the southern part of Nordic has the features of temperate maritime climate more or less: mild temperature but rainy all the year around, especially in autumn and winter.

On the other hand, high latitude result in long winter time (nearly 5 months) with few daylight (mostly 4-7 hours per day), and even fewer sunlight due to the cloud and rain.



Hang out inside

Challenge coming from Young adults

Most of the young adults would choose a right time to leave home and start to live alone. Live alone means you can dominate your live freely, nevertheless in another hand may cause some problems:

a. easily feel lonely or depressed without accompanying families

b. have insecure feeling

c. feel unbacked when come across emergencies

Young adults are a group of people who have the willing to express themselves and communicate with the other people. The communication involves different levels of contact: with close friends, with acquaintance, with strangers and also passive contact like seeing or hearing other people.

As computers and mobile phones become important things in people's daily life. They are not only make contributions to the entertainment, but also support study and work more and more. This development makes indoors more attractive, especially in days with bad weather. Lack of moving around is really bad for health and also makes people easier to become anxious (do exercise could help peopleto distract attentions, relieve tensions and depressions).

Figure 2. Conceptial drawing

In general, the challenage coming from Nordic climate is abundant wind and rain, long dark night in winter; the challenage coming from young adults is loneliness, less moving around and having the eager to communicate. Responding to the challenage coming from Nordic climate and young adults, I come up with a concept of "Hang Out Inside" - a shelter space between residential apartment and natural environment.

This inside hang out space aims to: Provide multiple stages for various activities (rest & relaxing & communication).

Additional parts: Encourage people to feel the rain with the help of some weather experience space.

Spatial quality

Responsing to the Nordic climate

protect people from rain and wind Rain and strong wind are the two factors that would block people from hanging out (except necessary ones). Rain and wind could also cause lower sendible temperature by increasing the air humidity and the evaporation rate. So, protect people from rain and wind is necessary to increase the utilization frequency and comfortable rate of the space.

catch the light

utilize the "bad weather"

People don't like the so-called bad weather is because it bring inconvenience to people, the weather itself is not bad at all. I will try to get use of the bad weather elements (rain, wind, dark.....) to show their potential energy. Nature has the ability of healing and pacifying people and also can bring people inspirations.

Psychological warm feeling could fight against the physical cold to a certain extent. From building's aspect, use warm material with warm color; provide a sense of being protected. From people's aspect, bring people closer to each other.

Responsing to the Young adults

from outside.

willing of being alone. a. Provide relaxing environment. b. Use the appropriate spatial scale. c. Combine the public with privacy.

encourage moving around Encourage people to move around more, is not only good for people's health, but also provide people a possibility to come across more interesting things. a. Provide attractions to encourage people to move around. b. Provide diversified moving around path. c. Eliminate the invasion feeling during moving from one place to another.

Spatial quality

a. Provide the possibility of having various activities, include enriching the activities done by one's own, with close friends, with acquaintances, with neighbours, with people

b. Promote the relationship in neighbourhood. Bring people closer to each other by physical or passive contact.

Encourage communication doesn't mean to force people to chat with other people, but provide the comfortable and encouraging communication stage without disturbing people's

Reference project

Figure 3. Retrieved from http://www.archdailv.com/616637/sou-fuiimoto-lead-teamelected-to-design-ecole-polytechnique-learning-centre-in-paris

Flexibility, Mingling and Openness

New learning center at paris' ecole polytechnique By SOU FUJIMOTO ARCHITECTS, Manal Rachi OXO, Nicola Laisne

This learning centre is around 10000 m^2 , consist of lecture halls, classrooms and specialized classrooms. A linear park is connected to each functional area through stairs together with different levels' platforms. "Inside, a wide atrium is inhabited by the light vegetation and a series of walkways and staircases creating numerous informal spaces for teachers, students and visitors allowing new places to meet or work. These platforms, the 'spontaneous amphitheaters' and the classrooms are united under one roof providing promiscuity and privacy in an intimate relationship with nature.", the team describes, "People won't pass each other in corridors anymore, but meet in vivid places, in a unique space bathed in soft light, with surprising and changing views."

classrooms *//*//*// + + + +inside linear park \downarrow \downarrow \downarrow \downarrow \downarrow \downarrow \downarrow outside green area

The "spontaneous amphitheatres" has three layers - platform, stairs and corridor. These three elements crossing with each other and create various informal meeting space, and also changing view when people ramble in this "theatre".

The inside linear park located in between functional area (lecture halls & classrooms) and outside green area (lawns and partly wooded). On one hand, served as an extension part of classrooms, on the other hand, import the outside scenery into the building.

The inside linear park is covered by transparent glass which can import sunlight & scenery, build up an intimate relationship with nature, and also provide a feeling of openess.

> com/616637/sou-fujimoto-lead-team-selected-to-design-ecole-polytechniquelearning-centre-in-paris

Reference project

Figure 5. Retrieved from http://www.archdaily.com/616637/sou-fujimoto-lead-team-selected-to-design-ecole-polytechnique-learning-centre-in-paris

Inspirations:

This insde linear park is an extended corridor, it makes great contribution to the communication in this study centre. After meeting and seminar happened insde the classroom, people have the place to do some extra discuss or some informal chat instead of just pass and leave. People without any specific purpose can also step into the building to meet and communicate with other people. Tables and chairs are for study, work and relatively long and planed meeting. Stairs and corridors are for spontaneous and relatively short and unplaned meeting.

- · A strong location in between of functional area and outside
- . Combine with vertical communications in order to have high use efficiency.
- · Transparent material

· Different layers interated into each other to create variuos meeting space. · Break the huge space into small scale ones to be multiple, protective and private. \cdot The connection to the outside makes the boundary between outside and insde become vague, people can step back and forth freely.

Rejections:

- scarce Nordic.
- lot of unique meeting space, but it is a kind of out of control. I will try to do something various but controlled.
- · Trees grown inside may be hard to survive.

 \cdot The outside extension part may block the light, it is not very suitable in sunshine

· Although the unordered placement of platform, stairs and corridor could create a

Research

Chapter 2 shows the research I have done and how have I applied it to the project. The research focus on common space in residential building, spatial scales, spatial sequences and connection to the outside.

A study of common space in residential building

small scale

Entrance (with additional space)

Space description

Commercial area

Amount of users

area.

Space description

A place to know the people living in the same district. The design should take care of the flow of inhabitants and the other people.

Normal Entrance area is a pass-by and temporary

rest space. To create more social activities- extand the entrance hall to provide people a warm space in

cold area; extand the rain shelter to provide people a sunshade and rainshade space in hot and rainy

Common room (kitchen, game room.....)

Space description

Common kitchen is for planned activities between friends. Game room can be a possibility to encourage neighbours with similar interests to get to know each other and have fun together.

Staircase / elevator

Duration of stay

Activity type

Amount of users

Space description

A study of common space in residential building

small scale

In-between platform Amount of users Duration of stay Activity type Space description

Duration of stay Activity type

Amount of users

Corridor

Space description

Space before the door

orate and furniture the space.

Most of the lift halls are dark and narrow. Some visual contact with the courtyard or the atrium could make these area more lively.

i.

It is shared by the people living in the same floor. The scale and interior layout is very important. It should either be big enough for several activities (groups), or small enough for only one activity (group).

People don't like to stay in a uniform corridor even though it is wide enough. Make some convex-concaves, combine with apartment entrances, staircases or corridor turning. A transition space can eliminate people's invasion feeling.

A self-decorated semi-public area could improve inhabitants' sense of belonging. Its location and scale means it is not for long conversation. It is used as a say-hello space or a passive contact space.

A study of common space in residential building

big scale

A study of common space in residential building big scale

Stilt Floor

Cons

Example: Unité d'Habitation, Marseille

Pros · Suit for hot and rainy area. Sunshaded, rainshaded and good for ventilate, damp proofing. · Eliminate the trouble of ground-floor living's visual and noise disturbance.

· Central part is dark and opressive.

Proposal · Design the edge. Use water, landscape, installations, recreational facilities to invite people come into the space.

Corner garden Pros

Connective corridor

Pros	·Break
	· Creat
	Encour
	· Could
	the con
Cons) · Mono

Proposal

Greenhouse

Example: Sundby naturhus

Pros

Cons

Common Floor

Pros

Cons

Example: Some Janpanese apartments

· Equal for the upper and lower floor inhabitants. · Provide a possibility of multiple activities.

· Central part is dark and opressive. · Hard to access. It is not on people's daily necessary route. Proposal · Well divide the space and design attractive activities.

Roof garden

Pros

Cons

Example: Unité d'Habitation, Marseille

Abundant sunshine, great view · Planted roof or shelter on the roof makes contribution to the building's heat insulation.

Hard to access.

Proposal Make it visible and easily access. · Use step-back terrances to improve the spacial diversity and accessibility.

Atrium garden (surrounded on three/four sides)

Example: Bovierans vinterträdgård

- · Easy to access. Also has strong visual contact throughout the whole building
- · Promote the communication between different floors.
- · Combine the social activities with vertical communication, has high using frequency.
- · All the apartments facing the atrium garden, has stronger sense of belonging.
- · Enclosed form cause noise problem.
- · Not good for ventilation

· Have strong connection to the ambient. · If combine with vertical communication, it will have high using frequency.

· Not very easy to access. · Sunlight and view depends on its orientation.

Combine with vertical communication and entrance.

Example: Park Hill, Sheffield/ 8 House, Denmark

the barrier between buildings in one community. te a safe (without vehicle) and shaded ramble space. rage people to have more exercise. d merge different functions (kiosk, restuarant......) into nnective corridor.

otonous.

· Design mutiple and attractive activities. Open or enclosed depends on the local climate.

· Have pleasant (artificial) climate all the year around.

· High technology. · Not natural ventilation and lighting. Lose the sense of seasonal and weather variation

optimally sized

a. Multiple activities in one space. A space where multiple activities happening at the same time is more attractive and vibrant. People could jump from one to another stage, and different people could mix together.

b. Flexibility. A space that has the possibility to support different activities with different arrangement has higher usage frenquency.

c. Meet people's different demands.

a. Different types of activities between people with different relationships corresponding to different spatial scales.b. An optimal size means it should be neither too big to let people feel nervous, nor too small to let people feel depressive; either big enough for several groups using it at the same time, or small enough for just one group to use it.c. Not only space, but also furniture.

People have the inborn willing of getting close to the nature. A place with trees and flowers, soft wind, warm sunshine, pleasant birds singing will be very attractive.

a. Import the nature into the indoor space through view, sound, and physical touch.

b. Build relation between indoor and outdoor. Weaken the seperation between in and out.

close to the nature

a. A visible space help people to judge the property of this space - Is it okay for me to step in? Will I interpret other people? Is there anything interesting?

b. A visible space is more apealing to other people. People has the willing of to see and be seen. People are the most attractive attractions to people.

Figure 6. Conceptional drawing 1. Apply appropriate common space qualities on the project.

Find out a list of qualities that an attractive common space should have, then merge these qualities into the hang out space.

Space in front of the door

Spatial Scale

Figure 7. Relationship of distance and activities. Sketch people come from SANAA.

Figure 8. Conceptional drawing 2. Apply appropriate spatial scales on the project.

Pick different scales for different activities I want to support.

Spatial Scale

Spatial Scale

Figure 9. Relationship of slopes/ wall and activities. Sketch people come from SANAA.

Figure 10. Some spatial design rules.

Spatial Sequences

Use the conclusion of the spatial arrangement rules to modify the space, and use different angle's slopes to create a multi-functional climbing system to diversify the hang out route.

Spatial Sequences

Pick the most suitable placement of inside hang out space and apartments.

Figure 12. Conceptional drawing 4. Apply appropriate spactial sequences on the project.

Connection to outside

Connection to outside

make water installations and landscape by import and collect the rain

can be used to irrigate

use clarified water drainage to make rain can be seen and heard

next to the window combine with water installation

Connection to outside

Wind and window

	look	hear	smell	touch
landscape	plants river mountains	river	plants	plants river soil
wind	blow things shaky shadows	the sound of wind		various levels of wind things blowing by wind
rain flowing, splashing, cooling, reflecting	rain curtain fog (water vapour) water drainage	raindrops water drainage	the smell of wet soil	rain curtain rain drops fog (water vapour)
sun/daylight	various light light and shadow darkness			warm light cool shadow

windows can be interesting components which can play with wind

combine with plants arrangement

Figure 13. Conceptional drawing 5. Apply appropriate strategies of connecting to outside on the project.

Pick some feasible strategies that can be used in my project to create different spatial experience

Design proposal

Chapter 3 shows my design proposal, including site analysis, design process, plans & sections, stories that will happen in the building, details and renderings.

Gothenburg

Gothenburg located along southwestern coast, strongly influenced by the north Atlantic current, typical Nordic oceanic climate - rainy and windy with mild temperature and long dark wintertime, quite suitable for my master thesis topic.

Meanwhile, Gothenburg is the second largest city in Sweden and the fifth largest city in Nordic countries. Many young people come here to study or start their career. So the young adults apartment is an inevitable product here in Gothenburg.

Attached is a study of Gothenburg's climate.

Figure 14. Site location. Based on the map coming from Mapbox.

80 m

Sunny altitude at solar noon on th 21st day (°)

12.5 21.8 32.6 44.2 52.5 55.7 52.7 44.4 32.9 21.5 12.4 9

Frost Days per Year (Jan. 2006-Dec. 2016)

Average rainy days (rain/snow)

3 16 . 97	.4 5 7 9	. 5 9	0.5 99	0.0 98	[days] Data availability[%]
97	7 9	9	99	98	Data availability[%]
Sep	Oct	1	Vov	Dec	
0.0	1.4		7.6	14.2	[days]
96	96		98	97	Data availability[%]
	0.0 96 Value	0.0 1.4 96 96 Value (Janu	0.0 1.4 96 96 Value (Januar	0.0 1.4 7.6 96 96 98 Value (January 200	0.0 1.4 7.6 14.2 96 96 98 97 Value (January 2006 - Dect)

Ice Days per Year (Jan. 2006-Dec. 2016)

Feb	Mar	Apr	May	Jun	
9.8	2.8	0.0	0.0	0.0	[days]
98	96	99	98	98	Data availability[%]
Aug	Sep	Oct	Nov	Dec	
0.0	0.0	0.0	2.0	7.1	[days]
98	95	93	97	97	Data availability[%]
	Feb 9.8 98 Aug 0.0	Feb Mar 9.8 2.8 98 96 Aug Sep 0.0 0.0 98 95	Feb Mar Apr 9.8 2.8 0.0 98 96 99 Aug Sep Oct 0.0 0.0 0.0 98 95 93	Feb Mar Apr May 9.8 2.8 0.0 0.0 98 96 99 98 Aug Sep Oct Nov 0.0 0.0 0.0 2.0 98 95 93 97	Feb Mar Apr May Jun 9.8 2.8 0.0 0.0 0.0 98 96 99 98 98 Aug Sep Oct Nov Dec 0.0 0.0 0.0 2.0 7.1 98 95 93 97 97

Location - Lindholmshamnen

The site located on the island of Hisingen, on the northern shore of Göta Älv. It used to be an industrial park with many shipyards. Afterwards, some of these shipyards disappeared, and some are transformed into new-functional buildings, mainly serving for different technology and media companies as well as schools. In recent years, many newly-built large office buildings as well as residential buildings appear in the neighbourhood, this area becomes lifeful and full of energy.

The red area above is the location of my project, at the crossroad of Lindholmsallen and Gotaverksgatan, in a newly-built community.

WeatherOnline, timeanddate.com.

Apr May June July Aug Sep Oct Nov Dec

Hours of sunshine/day ------ Hours of daylight/day

Figure 15. Gothenburg climate diagram. Based on the data coming from

32

500 400

200

100

Jan

Location

Figure 16. Site Analysis.

slope for wheelchair more variety

Figure 17. Design process.

eelchair ety

use plants box to make a soft e seperation between....

experience the rain

structure

cover

outside terrace

public kitchen & group room (longest stay)

multi-functional slope climbing

experience the wind

Master plan

Ν Д Entrance B Entrance A Entrance E Entrance Entrance D Entrance F

Figure 18. Design process.

1st layer plan

Figure 19. 1st layer.

Figure 20. 2nd layer.

3rd layer plan

Figure 21. 3rd layer.

A-A section

Figure 22. A-A section.

C-C section

D-D section

Figure 23. B-B/ C-C/ D-D sections.

Story board - Journey in building

temperary stay

waiting/ gathering/ temperary theatre/ performance/ planting box

longer stay

relax & rest & communicate/ small exhibition/ workshop

longer-longer stay

(group & solo) entertainment/ eating/ studying/ working

communicate with people

communicate with ourselves

communicate with nature

Movement

people from outside

people living in this community

People flow

Inhabitants living in the community

The public

Structure & Material

Figure 27. Structure.

Structure & Material

Details

Different size, different wind strength

		_

Same size, different wind strength

Figure 30. Water installation details.

Rendering

Rendering

Network in the whole community

Figure 34. Community network.

Model photo

Figure 35. Model.

Reflection and reference

Chapter 4 shows reflection on my thesis, including more possibilities on the inside hang out space and a conclusion of the process and result of the thesis.

Reflection

More possibilities for this inside hang out space

1. Switch the hang out space with apartments

Because the hang out space is relatively private and it belongs to the community, the space was placed facing the yard. The positive aspects are providing secure feeling to users of the upper floors, and providing sufficient sunlight since the longest side of the building faces south. On the other hand, the first floor is designed for public but blocked by the apatements. Thus, the negative aspect for this deisgn is the weak connection to the street.

If the hang out space and the apartments are switched, the hang out space would face the street which changes its identity. The purpose of the hang out space would be more designated for the public. Additionally, the upper floor part would be exposed towards the public. The positive aspect is that the hang out space could be more visible to the public through weakening boundary between the street and the community. Served as an urban space, the hang out space brings positive influences to the larger urban area. Specifically when stepping into the space, people have no invasive feeling. The negative aspects are that the residents would feel unsecure due to the exposure, and most of the space would lack sunshine.

2. + commercial/office building

This inside hang out space can be attached to a commercial or an office building. If combine with a commercial building, the hang out space would have the main function as providing a place for dining, rest and entertainment. If an office building is combined, the main function of the hang out space would be for the purpose of communication, co-working and leisure. The main function of the hang out space needs to be interelated with the main function of the office building in order to build up an efficient and fluent flow.

3. + nothing, to become an inner street

If this hang out space exists as an independent inner street which is no longer an attachment to another building, it should have its own particular function – facilitating circulation of people, together with several commercial and leisure spaces. Without restrictions from an attached building, the space could have various of functions. Furthermore, the orientation and view can be optimized. Then, the main task for the designer is to investigate the role of the space in the local urban area.

Reflection

Multi-activities space

The aim of this thesis is to design an apartment-attached shelter that is capable to hold multiple activities.

I started with the research of the relationship between activities and spatial features. The research of common space in residential building gave me an overview of what types of activities and spatial feelings an additional space in residential building should inhere. The research of spatial sequences helped me select the suitable relative location of the hang out space and the apartments. The research of matching spatial scales with various activities happened between different human relationships helped me to decide the scales of spaces. The research of connection to outside is a subordinate part which provides extra value to the space.

The design part is based on the research results. The design process started from choosing the spatial sequences and spatial scales, building up a system of the hang out space, modifying each route of this large system, to modifying each stage along each route. Finally, it generates a multi-activities space.

What is given to the residents

This hang out space provides people an attractive shelter to meet, mingle and communicate with other people without disturbance from any unpleasant weather. For the residents living in this building, on one hand, it is an extension of their homes into the public; on the other hand, it is an extension of the outside world to their living space. The shelter provides residents a special social climate. For all residents living in this community, the shelter imitates a community center where people can visit and mingle with neighbors. It is a starting point to expand the network of social spaces located in different sites of the comminuty and all residents in the community would form stronger social bindings.

What is given to the street

The hang out space can become a "power bank" on the street, where people can come over to have a rest, wait for friends, take a walk, have a short meeting or relax for a while. If combine with some commercial area in the future, it could hold a common sitting area which is extended from a café shop, a restaurant, a food track, or a bookstore.

Environmental psychology

The theoretical background of this thesis is based on a discipline called environmental psychology. "Environmental psychology is an interdisciplinary field that focuses on the interplay between individuals and their surroundings."- from Wikipedia. Through the research and design process, I gradually learned that designing multi-activities space is a process of considering the interplay between people and physical surroundings. The thesis is a practice of applying the environmental psychology theory as an underlying principle to lead and support my architectural design. In the future, I would like to apply this process in a real project. The feedback from users could bring me tremendous insights and reflections towards the theory.

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http://www.archdaily.com/616637/sou-fujimoto-lead-team-selected-to-design-ecole-polytechnique-learning-centre-in-paris

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