INCOREPORATE



ABSTRACT

The vast majority of people spend years, if not lifetimes, in a single urban environment. However, not everyone is automatically included in the society and the planning of new urban space. Social inclusiveness and sustainability is as important as physical factors but has long been disregarded in favor of more tangible subjects.

We want to lift the social questions on the agenda and incorporate them in architectural solutions. Instead of relocation or sweeping inconveniences under the rug, we propose an inclusive approach.

This thesis uses the architectural competition as a tool for exploring inclusiveness. The framework is the Schindler Award student competition; celebrating accessibility and with over 1000 entries this year, it is a platform for testing concepts and ideas about social sustainability and integration.

The incorporation of a drug addicts treatment and consultation function is central to the proposal and key to including one of the most excluded groups in the development of a new urban environment.

The end result of the thesis is a design proposal and a competition entry. The solutions aim at creative ways of handling architecture and accessibility in an integrated way rather than using bolt-on methods.

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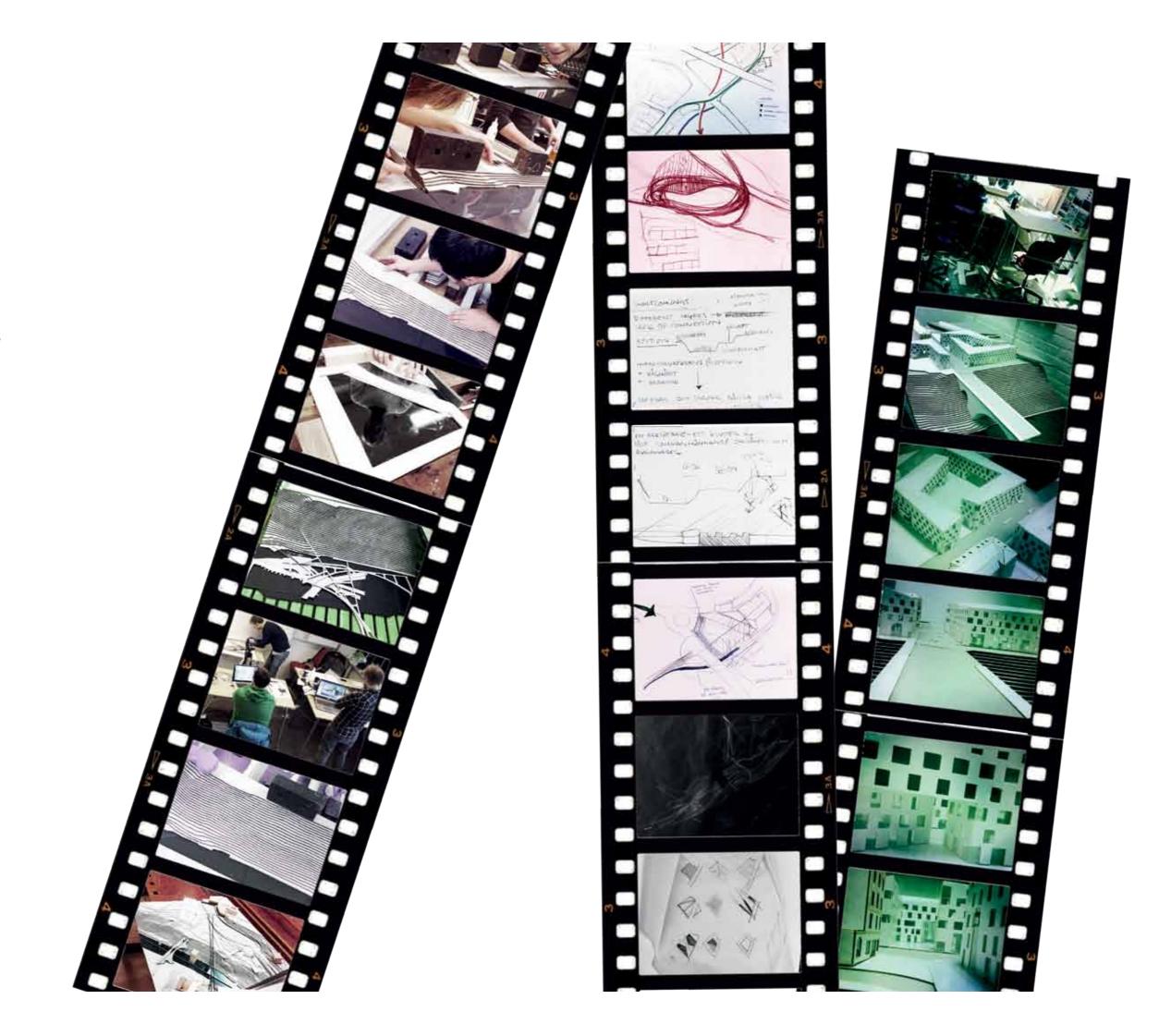
INTRODUCTION

The Schindler Award is an architecture competition that challenges young architects to place "Access for All" at the center of their design philosophy. This year the competition takes place in the outskirts of Bern, Switzerland, and is focusing on urban designs that are characterized by inclusiveness and barrier-free mobility for people of all ages and capabilities.

"Access for All" is a design philosophy that envisions a built environment designed with the specific and changing needs of all its inhabitants in mind, irrespective of their age, status and physical capabilities.

It goes far beyond "bolt-on" measures such as improvised ramps and parking spaces reserved for special-needs drivers. Instead, it recognizes the urban landscape as a diverse environment where everyone – children, young people, parents, workers, the elderly and people with special needs – is able to move around freely and to share and enjoy public spaces.

We have decided to use the Schindler Award competition to investigate social inclusion and accessibility in our Master Thesis and to present our findings in the form of a competition entry.



THE PROCESS

ACCESSIBILITY AND SOCIAL INCLUSION

Accessibility is often referred to and simplified as the image of a character in a wheelchair. However, mobility is only one part of safe and realiable sourroundings. The obstacles experienced by "disabled" people are now recognized as problems that will affect almost everyone at some point in our lifetime.

Social exclusion refers to processes where individuals and entire communities of people are systematically blocked from rights, opportunities and resources that are normally available to members of society and which are key to social integration.

Social inclusion being the opposite gives everyone equal opportunities and rights to these resources.

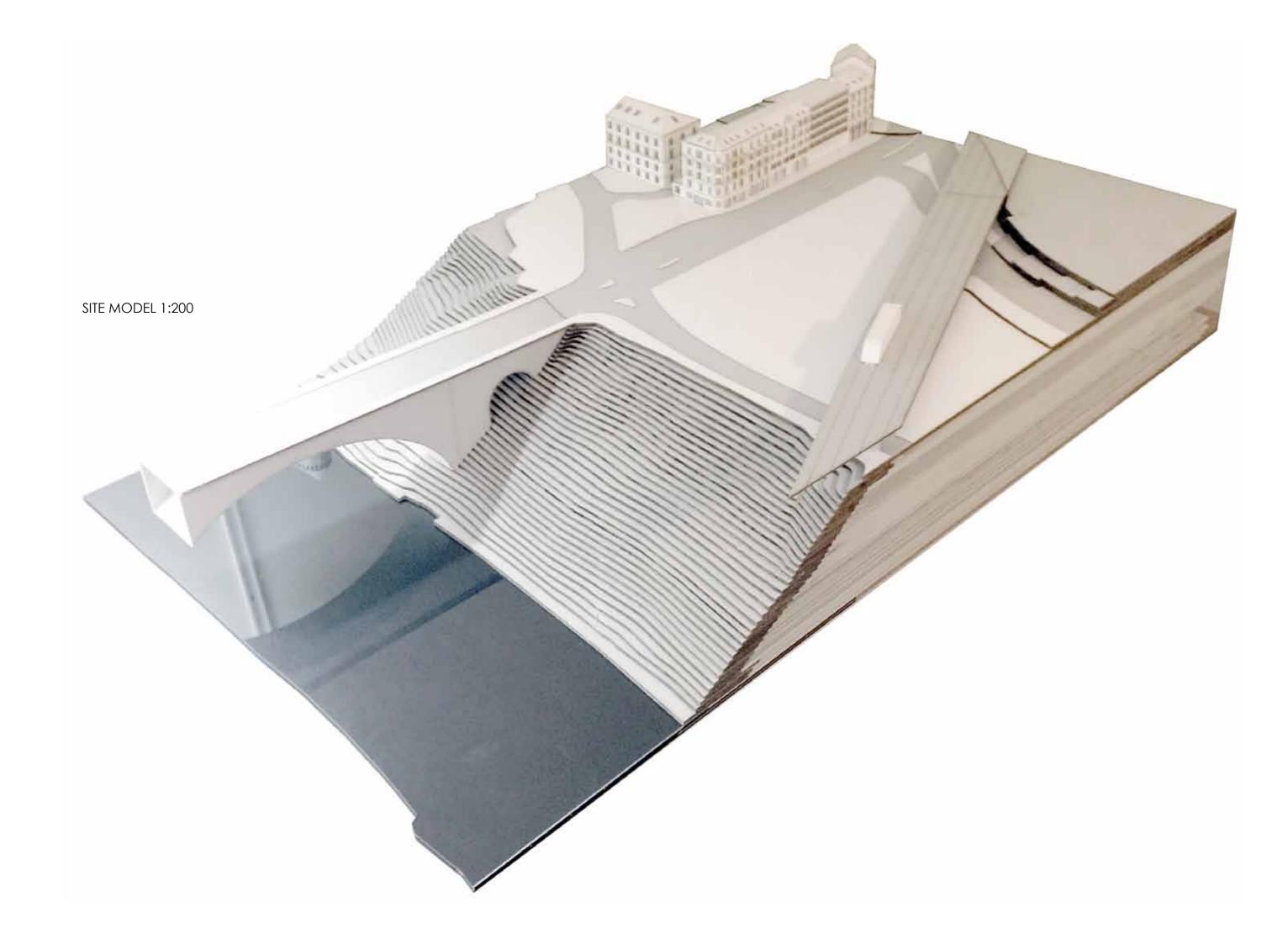
Since this years Schindler Award competition is also addressing the issue of social inclusion we started to study related topics and similar situations. A study that influenced us during our continuous work .

Socially inclusive spaces are accessible open spaces that belong to everybody. But what makes a space socially inclusive?

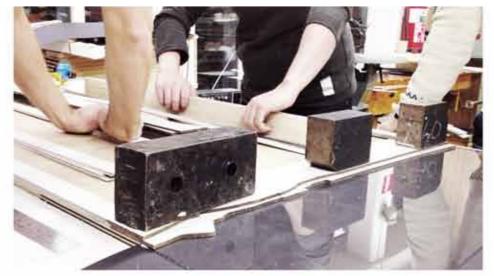
We felt a need of defining for ourselves what makes places feel like they belong to everyone and what makes it socially inclusive.

We identified a few conditions that we felt necessary for inclusive spaces.

- 1. The space can be used flexibly
- 2. The space can serve many individuals needs
- 3. A place that all individuals feel comfortable in no security issues
- 4. Local people feel protective of the space its theirs and they feel pride and actively enjoy the fact that it is also visited by people outside the area
- 5. The place is used regularly and by lots of people increased feelings of safety and enjoyment
- 6. This space brings people together for a common goal and they agree on what that goal is



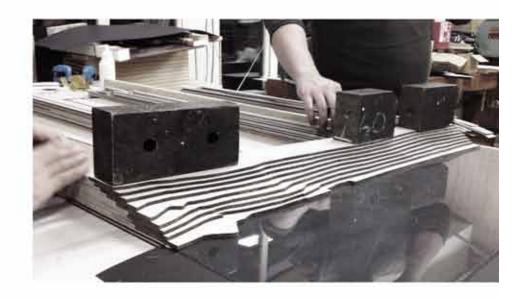


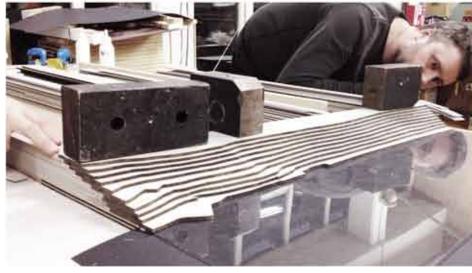
















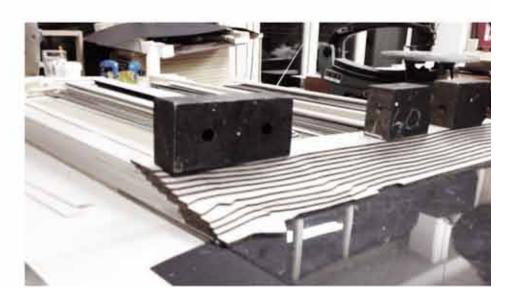


Image sequence showing the process of building the 1:200 scale model. Overlaping altitude curves are glued in layers over the glass water.









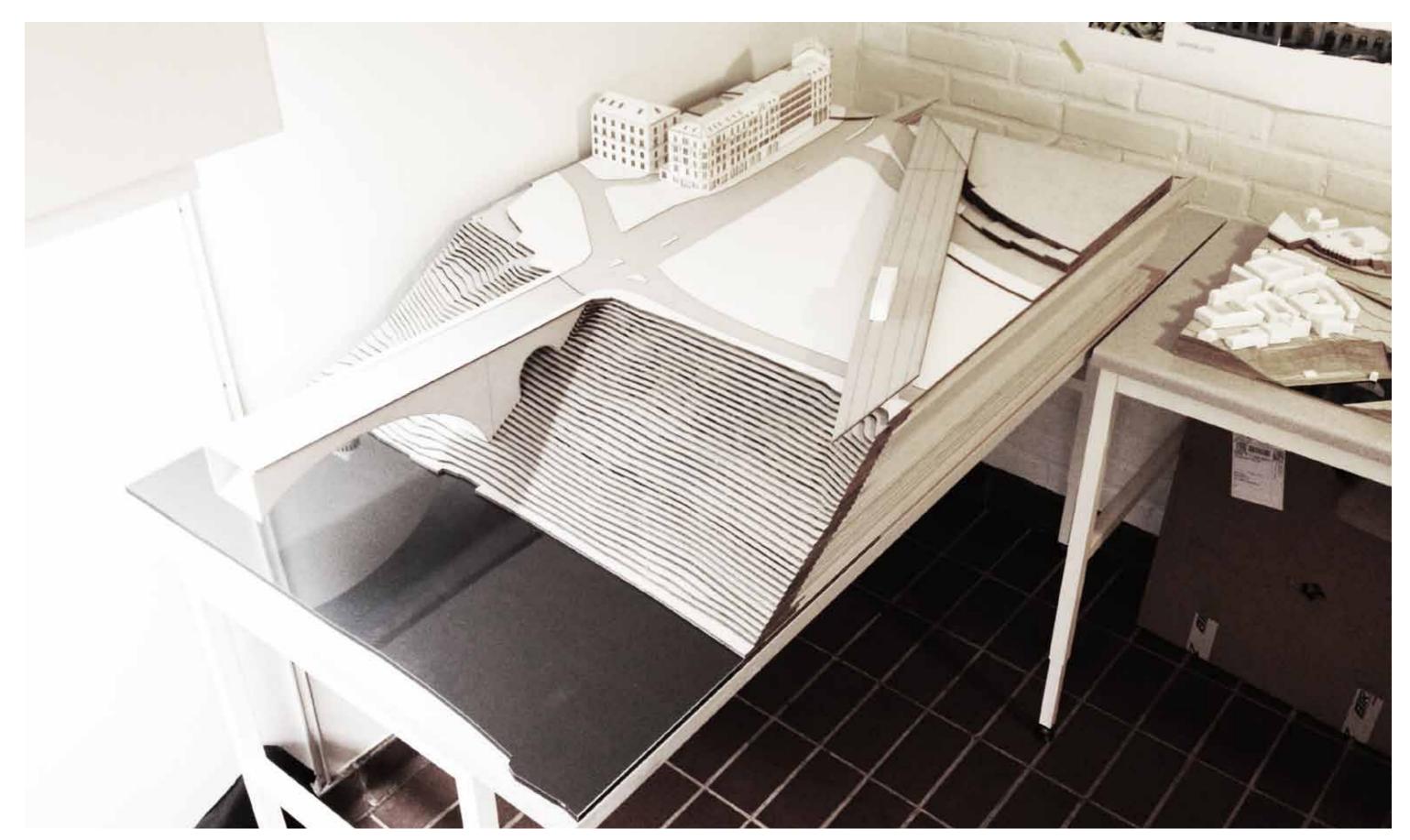




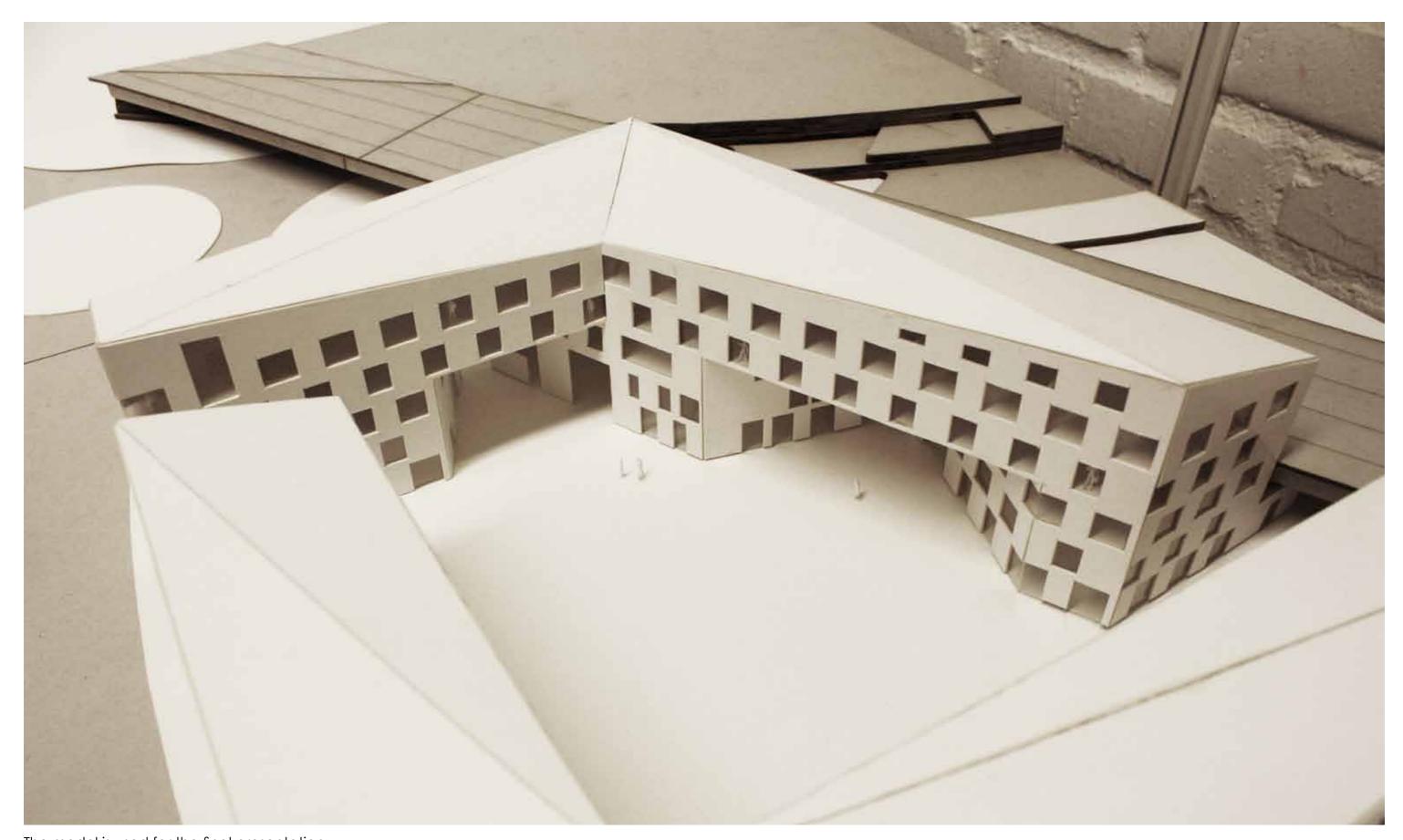






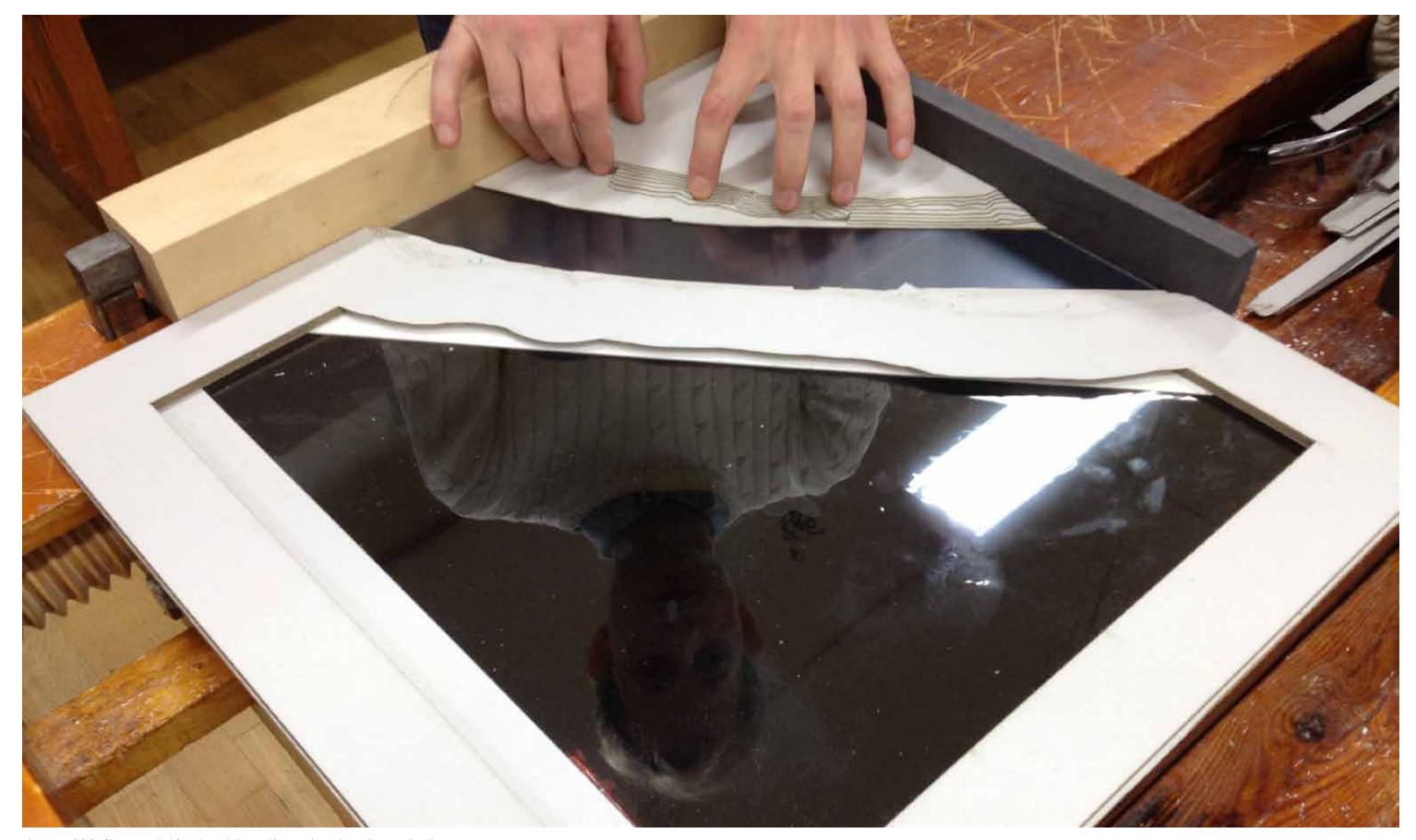


The finished site model



The model is used for the final presentation

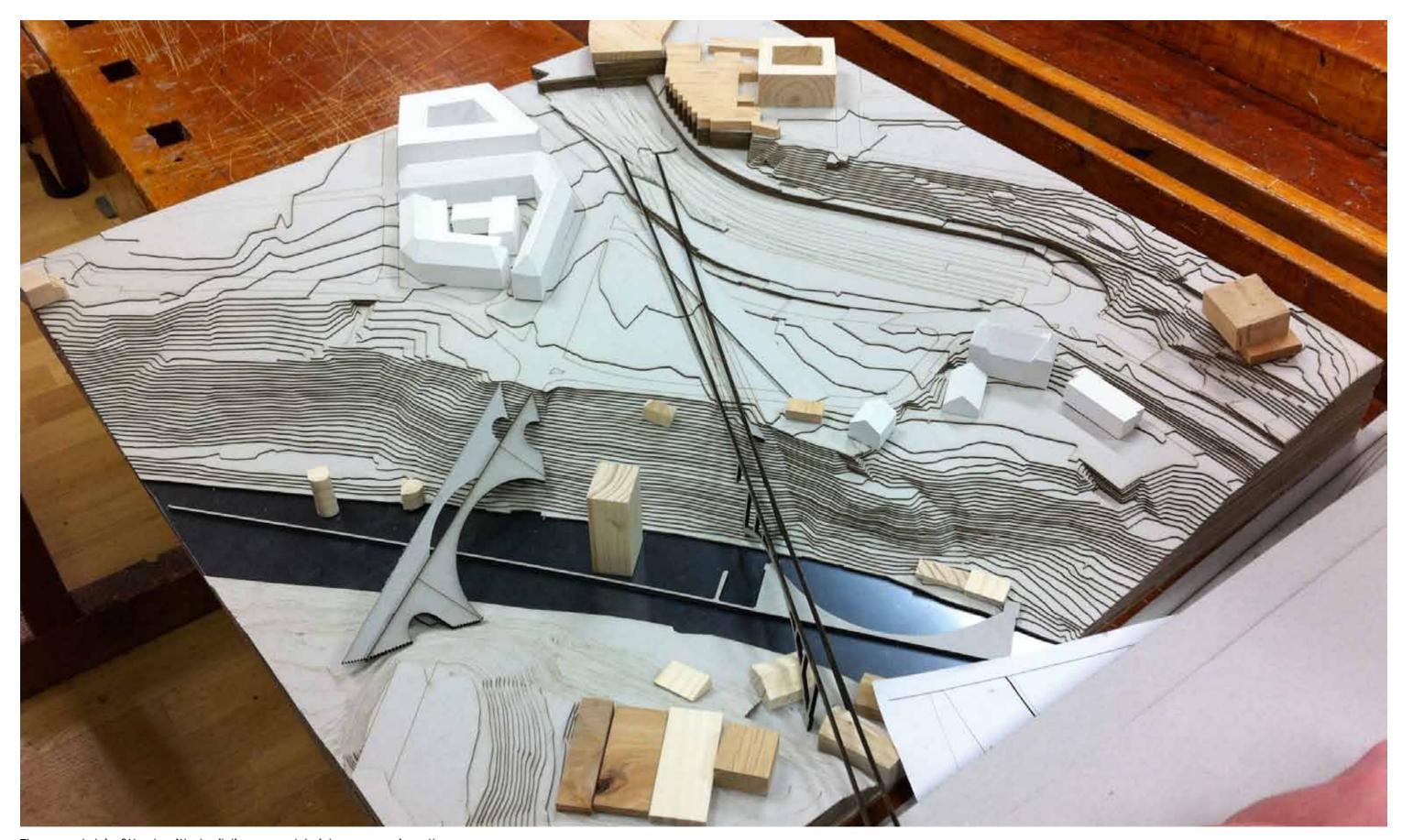




The 1:1000 site model is glued together. The sheets are hollow to save material and reduce the weight of the finished model.



Some of the altitude curve sheets before they are assembled.



The model is fitted with buildings and bridges crossing the valley.



The finished model

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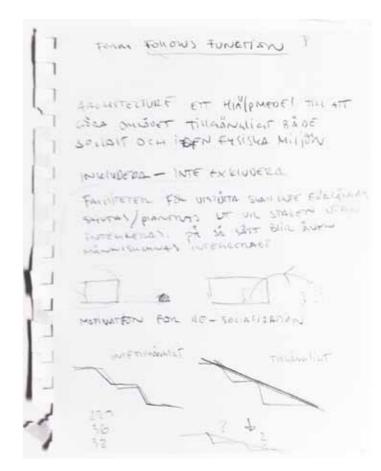
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PROJECT DESIGN

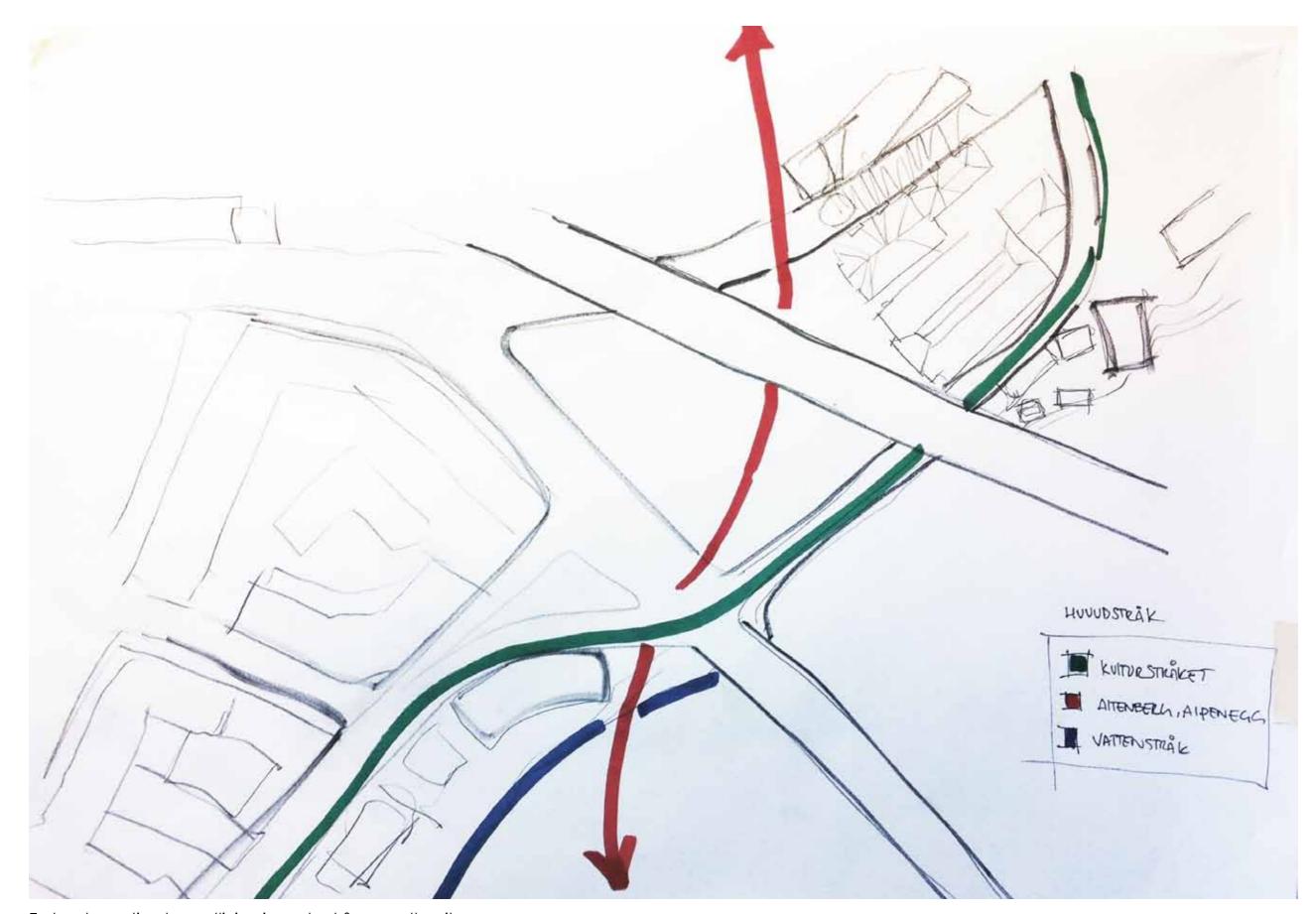
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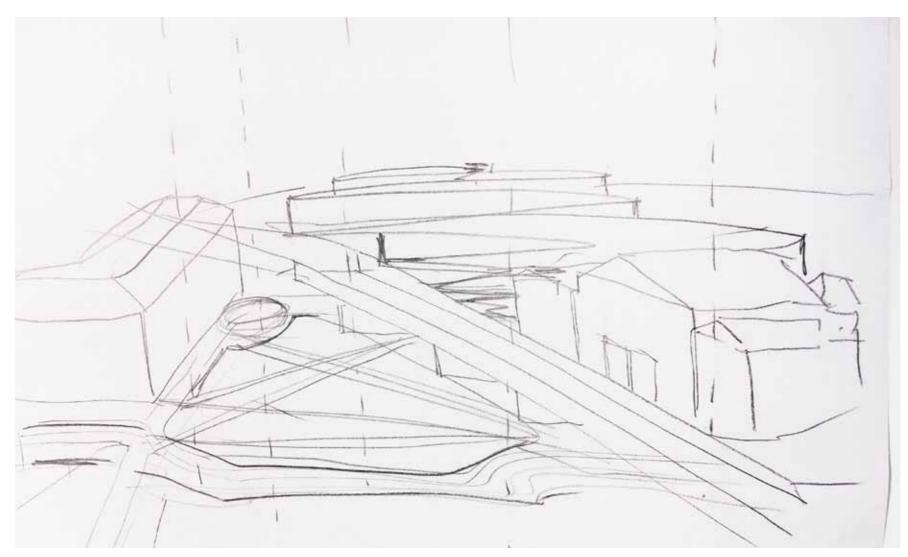
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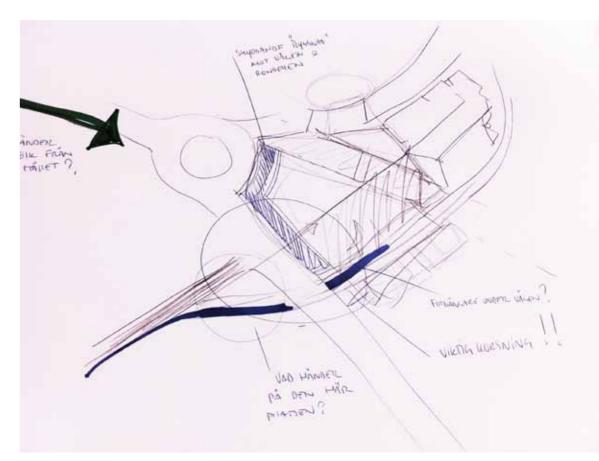
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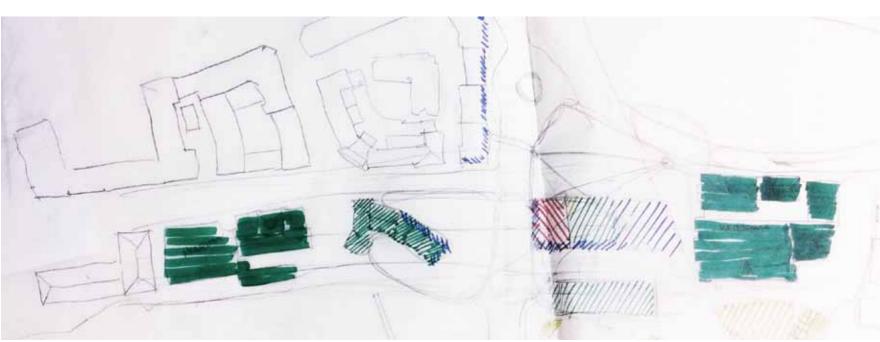
Summary of the Schindler Award competition task.

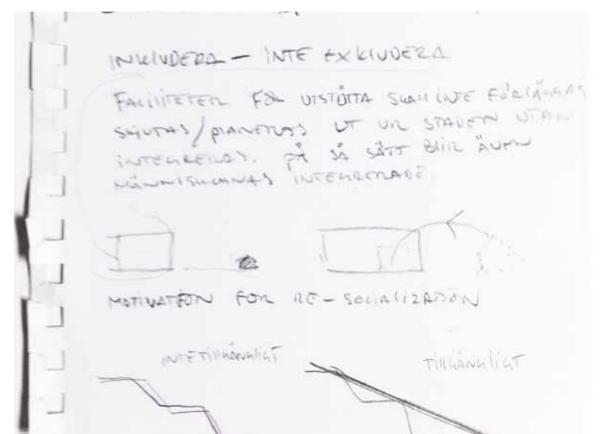


Early schematic plan outlining important flows on the site.

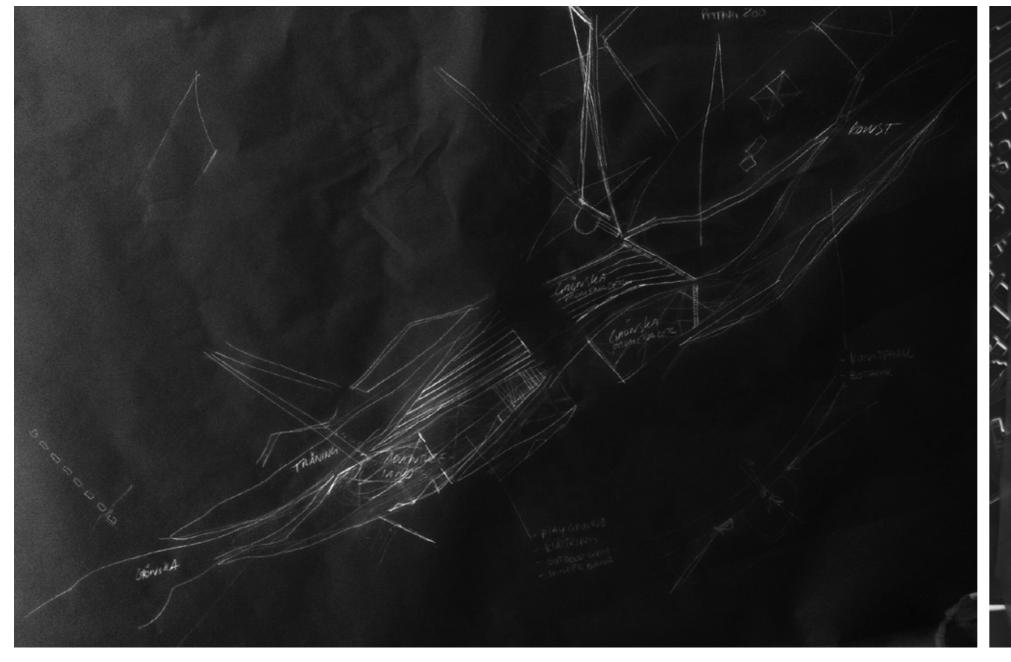




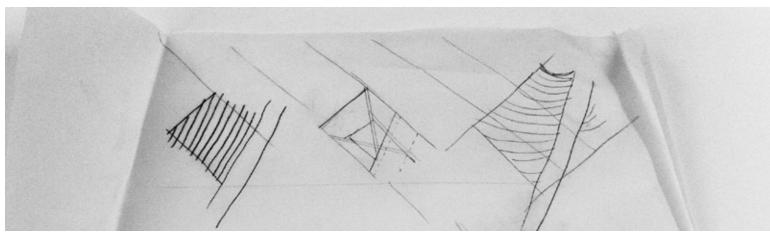


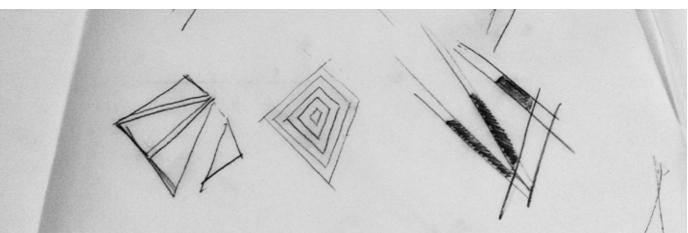


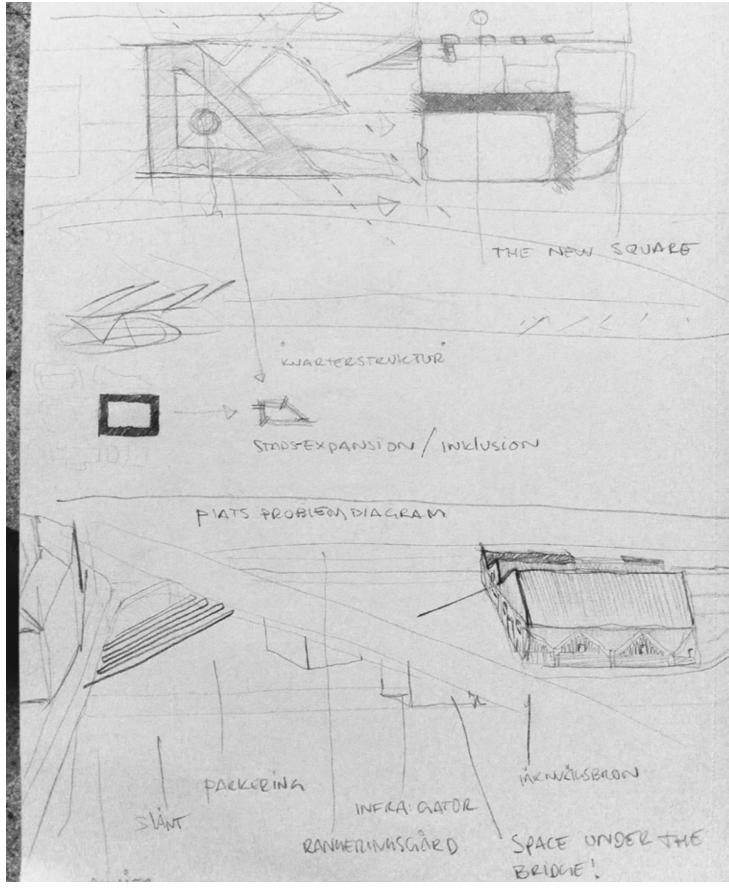
Early conceptual and programmatic sketches



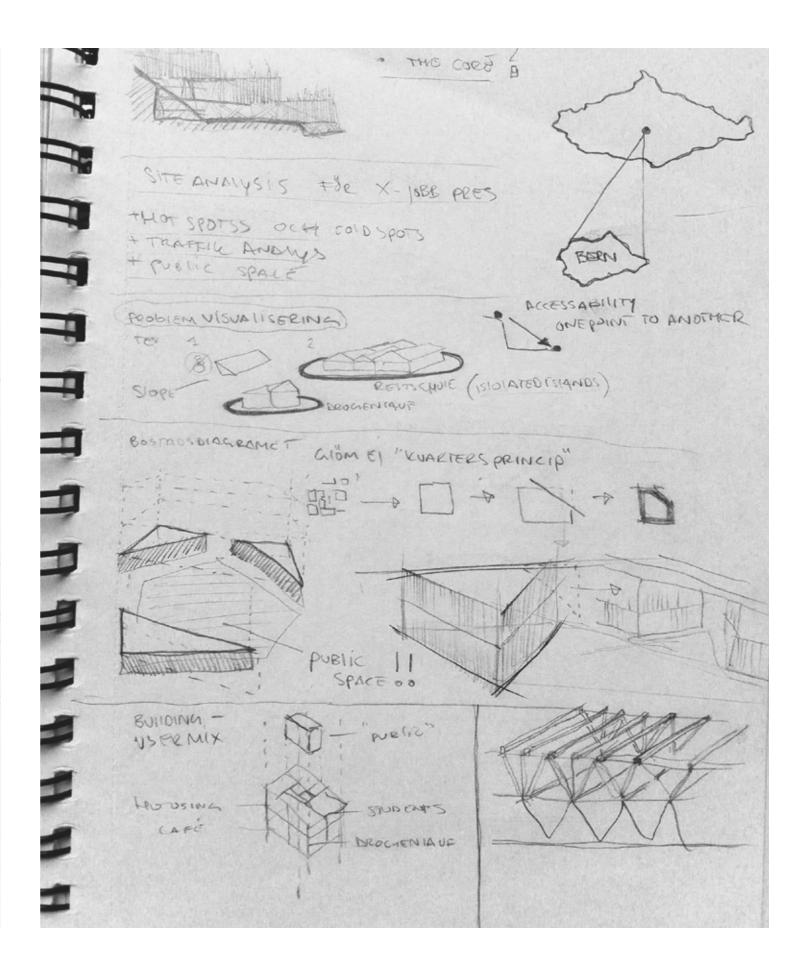


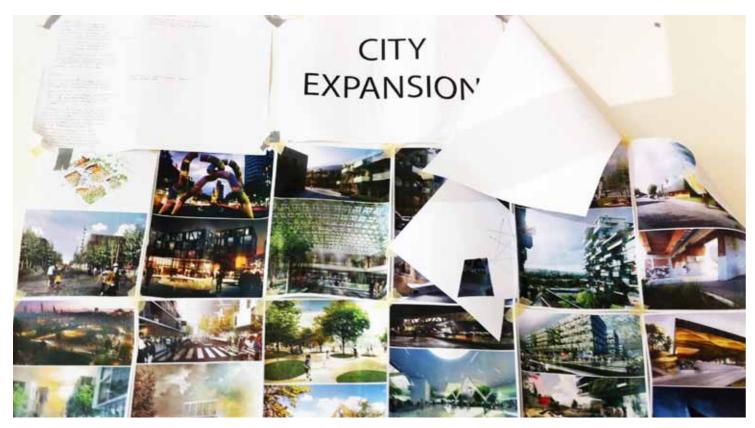


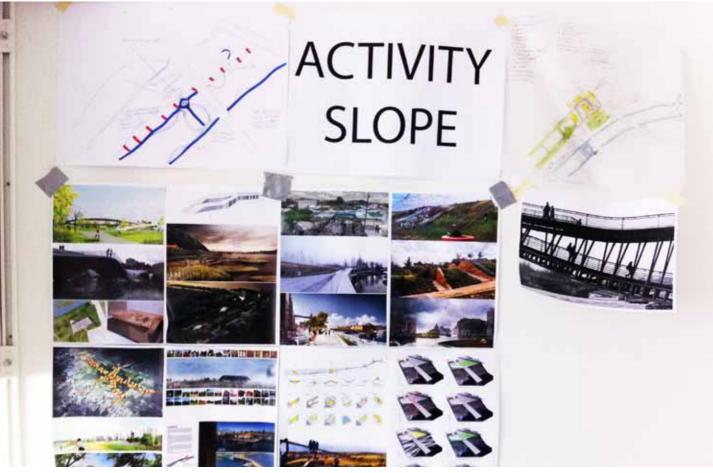




Analytic and volume sketches



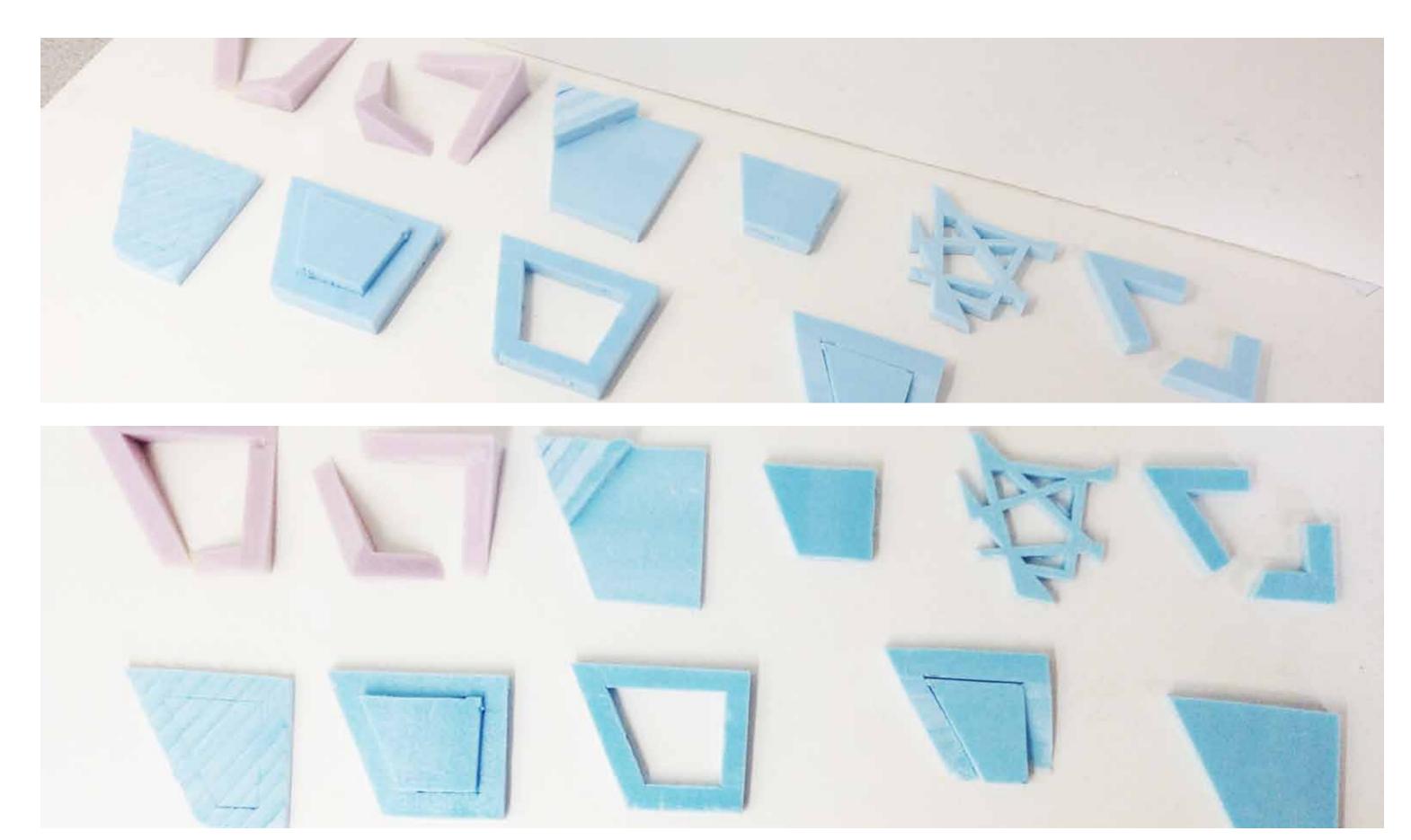








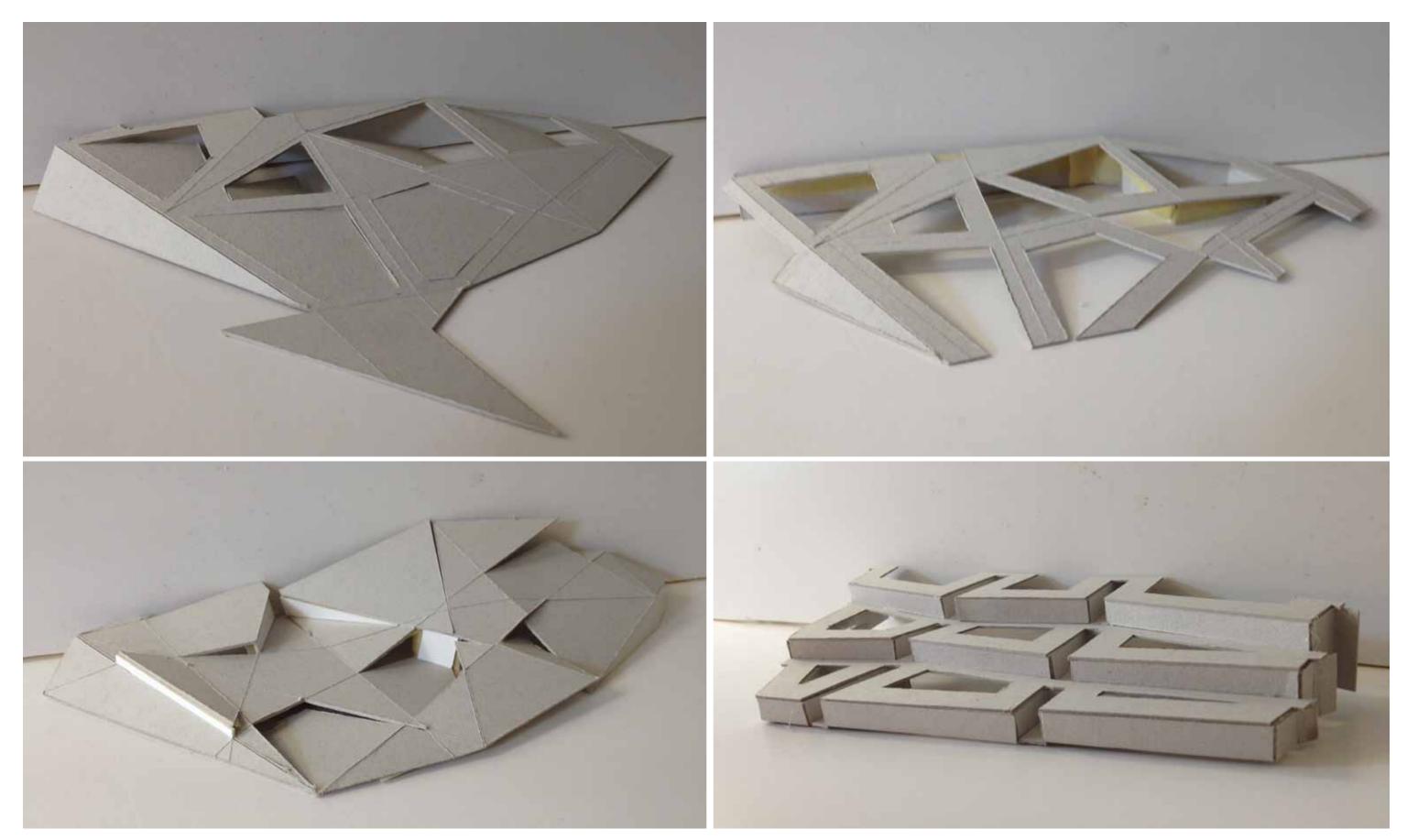
Inspiration and concept sketches on the studio wall



Volume sketch models



Variation of models, the Garden concept

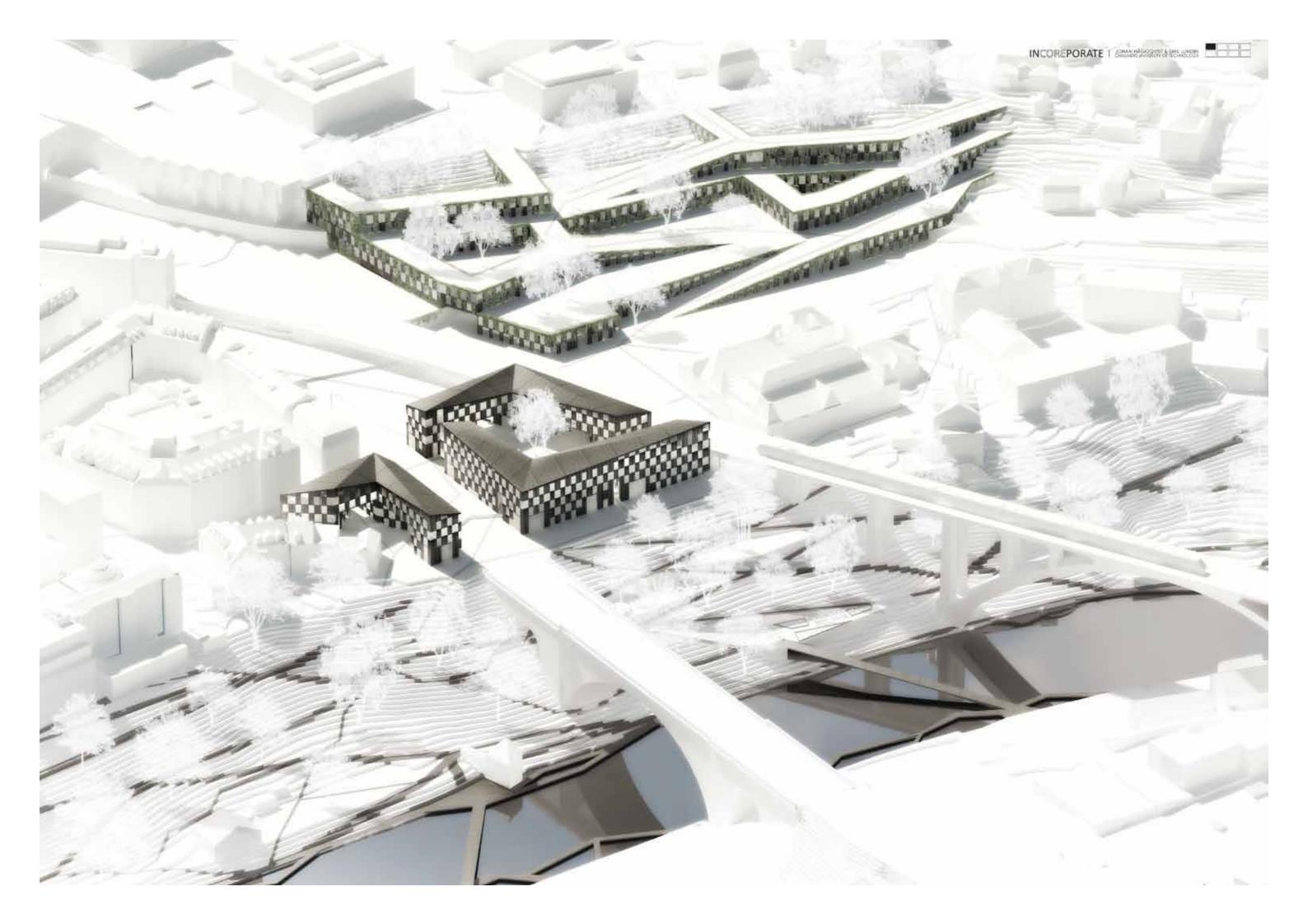


Volume sketch models



The valley paths and places concept

INCOREPORATE



INCOREPORATE



ENGAGING INTEGRATION

The vast majority of people spend years, if not lifetimes, in a single urban environment.

However, not everyone is automatically included in the society. There are many different needs; physical, mental and

All have equal importance but are

We believe that a society today must take into account the needs of everyone, to include everyone in planning and developing urban environments. Communities will benefit from a wide variety of users and functions in all areas.

Instead of relocation or sweeping inconveniences under the rug, we propose an inclusive approach, where architecture is the tool.





as important as physical factors but has long been disregarded in favor of more tangible subjects.

We want to lift the social questions on the agenda and incorporate them in architectural solutions.

It is important to remember that everything cannot be solved with

Social inclusiveness and sustainability is planned the built environment, but we aim to create the prerequisites for a more conscious integration process.

> The incorporation of both physical and social aspects work for the urban environment which benefits from a larger mix of functions and users.

An inclusive strategy is also more flexible to changes.

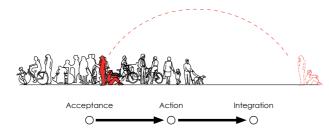


User needs are as diverse as individuals

Planning for inclusiveness requires To include is to accept there is a problem a broad perspective and aims at intergrating all user types in the solutions.

The building and public space plans are only the start of the integration process, and strategies constantly needs to be reevaluated.

Action is about finding solutions and integration is the long term process which follows.

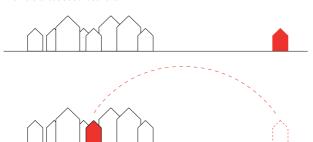


PHYSICAL INTEGRATION >>

To be able to plan for inclusive societies. the built environment must also be

Less desirable functions are often placed

We propose the acceptance of the need of these functions and to take the action to integrate them with the urban

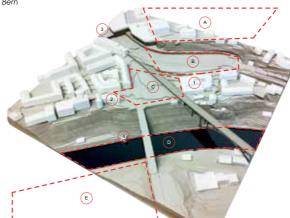


THE SITE >>

corner and framed by the Agre river and southeast of the site.

Bern is the site of the 2012 Schindler The area has immediate access to Award Competition. The area is on the fringe of the old city in the northwest well as the citys main cullitural institutions





SHORTCOMINGS >>

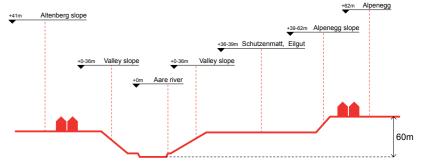
Though the site has a central location, it has been neglected and cut through by several infrastructure projects, which creates isolated islands within the

The topography further separates the areas and empty spaces are used for parking, provides no link to neighboring parts of the city and has resulted in poor quality public space.

The drogenanlauf and Alkistübli are situated in Isolated areas isolated and run-down facilities. "Hidden" places on the site becomes a nuisance and are uninviting.



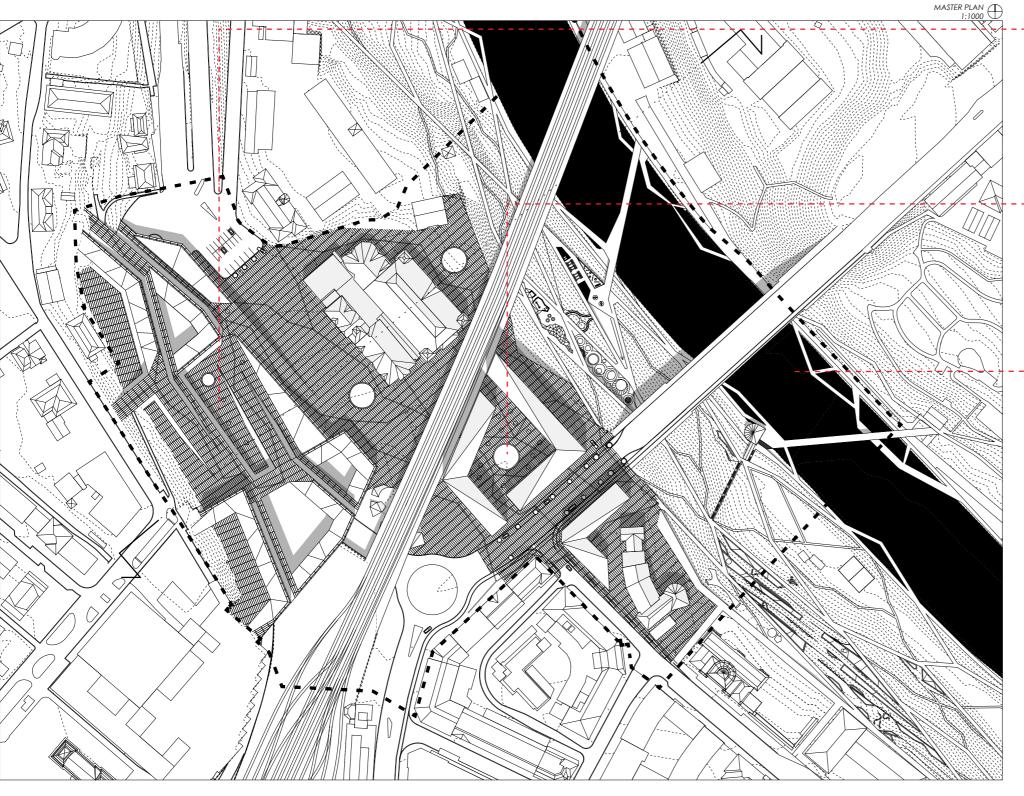




ireas		Places	
A - Alpenegg	Housing and university area, cut from the city by a steep slope.	1 - Reitschule	Autonomous cultural centre. Home to concerts and theater events.
3 - Schützenmatt	Old training grounds, competition site	2 - Drogenanlauf	Drug abusers come here to use drugs in a controlled environment
C - Aare River	The river cuts through the valley separating the site from Altenberg.		and recieve health care and consultation.
) - Altenberg	Housing district, holds the botanical gardens on the steep slope.	3 - Alkistübli	Alcoholic "lounge" housed within the central station complex.
- Eilgut	Old shunting yard, can be developed.	4 - Blutturm	Remnant of the old city fortifications. Sits on the bank of the Aare river.

This page: Final board 01 Next page: Final board 02





THE GARDEN >>



The eilgut is the old shunting yard. Shunting activities will be discontinued and the area is already used mostly for parking. To the south west the slope rises sharply towards the Alpenegg residential area.

We propose a larger intervention that combines several benficial effects.

An accessible link between the Shützenmatt/Reitschule area and the Alpenegg level.

A densification and extension of the city with high quality public space and diverse housing types.

A Garden which engages the locals as well as visitors and clients at the drogenantauf and alkistübli.



THE CORE >>



The uninviting open space of the Schützenmatt is home to a parking lot and the occasional fair. The area is a crossroad for the surtroundings and borders the slope towards the river.

We propose a Core for the area.

A new block continuing the existing city structure..

A protector from the infrastructural elements on the site.

A connector that brings the fragmented site together and strenghtens the existing functions.

A new mixed community accepting and integrating new functions that has previously been confined to fringe



THE VALLEY >>



The river valley has a wonderful scenery and is perfect for recreation, but is inaccessible to many people. The slopes are steep and there are no connections across the river at water level.

We propose an activation of the entire valley.

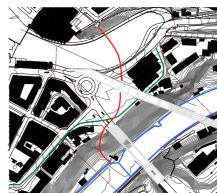
A new grid of pathways and small places, engaging the areas above and below.

An acitvated water edge, providing attraction force to the valley floor.

New connections over the valley at river level, bringing the fragmented city together.

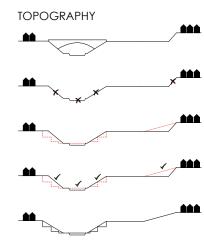


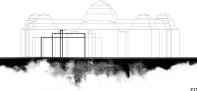
DESIRABLE FLOWS



An increased movement along the cultural institutions. An intensification along Aare river.

Movements through an accessible topography.









THE VALLEY >>

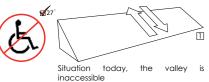
CONNECTING THE CITY

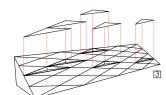
Using the river and joining the banks is essential in creating an accessible plan for the area.

The Valley is about activating the slopes and the valley floor through an engaging system of paths and attractive

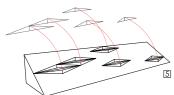
Most trees and plants are left to maintain the feeling of a

THE VALLEY CONCEPT >>





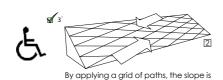
Where the paths intersect, some parts are lifted out...

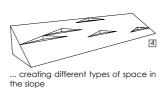


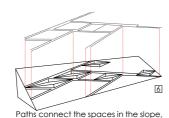
In some locations, the cut-part is put back in place

The public spaces in the slope and on the river banks are filled with playgrounds, outdoor training facilities and small gardens.

Close to the art museum by the top of the slope in the south there are terraces where the museum can set up outdoor exhibitions.







creating spatial variation

THE VALLEY PROGRAMME >>



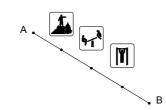
Today the layers are disconnected from each other and the river



The Valley and the Garden creates a continuus accessible urban space



Today there is nothing between the top of the slope and the riverfront. The distance is too great to be traversed in one go.



By providing places and attractions along the paths, the valley becomes easier and more intresting to access and cross.

THE CORE >>

TURNING SPACE INTO PLACE

integrates housing and office spaces.

The core is an extensioin of the city and planned with the focus on people. It's an enrichment to the existing area and aims at integrating a varied user mix, a social inclusion. A vivid ambience is created by having

different programs co-existing in the same space. The ground floor is primarily occupied by different public functions and the upper floors

The vast space of shutzenmatt is framed by the core structures and defines

a new place within the court yard buildings as well as its surroundings.



space.



The block is opened up to the major flows of the site.



The floors above close the block and further defines the space.





The courtyard is expanded into the first floors of the block.



Another volume is added to form an urban streetscape.

THE CORE PROGRAMME >>

_	FIFTH FLOOR	800 m ²	ı	9			10
	3 Hotel and housing 9 Offices 10 Housing	850 m ² 850 m ² 1350 m ²			9		10
	FOURTH FLOOR 3 Hotel and housing 9 Offices 10 Housing	800 m ² 850 m ² 1350 m ²		9	9		10
	THIRD FLOOR 3 Hotel and housing 9 Offices 10 Housing	800 m ² 850 m ² 1350 m ²		9	9		10
	SECOND FLOOR 1 Drogenaniauf & Alkistübli 2 Cultural Workshop 3 Hotel and housing 5 Second hand store 6 Retail stores 8 Gym 9 Offices	285 m ² 160 m ² 130 m ² 250 m ² 250 m ² 350 m ² 700 m ²		8	9	9	6 5
V	FIRST FLOOR 1 Drogenanlauf & Alkistübli 2 Cultural Workshop 4 Grocery store 5 Second hand store 6 Retail stores 7 Convenience store 8 Gym	285 m ² 160 m ² 190 m ² 50 m ² 380 m ² 80 m ² 350 m ²		8	4		6
	GROUND FLOOR 1 Drogenanlauf & Alkistübli 2 Cultural Workshop 3 Hotel and housing 4 Grocery store 5 Second hand store 6 Retail stores 7 Convenience store 8 Gym	680 m ² 160 m ² 130 m ² 600 m ² 250 m ² 480 m ² 280 m ² 510 m ²		8			6

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INCOREPORATE | JOHAN HÄGGGVIST & EMIL LUNDIN LUNDIN

SITE GROUND FLOORS 1:500

ACTIVE VALLEY >>

On the northern slope, the focus of the public space is on activity and engaging the users. Playgrounds and training grounds mix within the paths and the

The paths connect directly to the city above the slopes and to the new Core development at Schützenmatt.

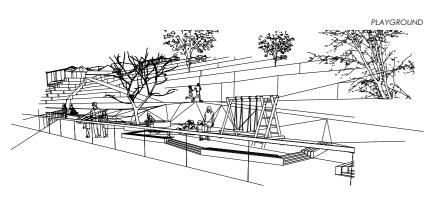
The old drogenanlauf, now a renovated hotel and short term housing, have the recreational area right

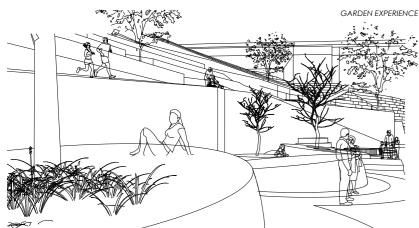
Towards the river, where the terrain flattens out, there is a small farm and petting zoo.

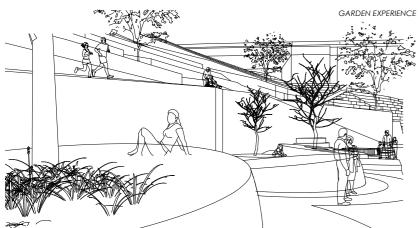
OUTDOOR EXCERCISE

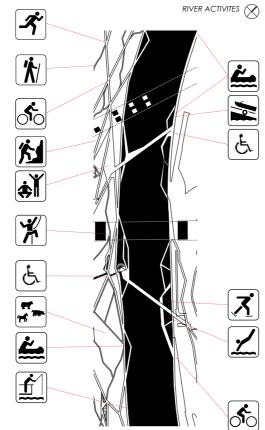
On the Altenberg side of the Aare, the footbridges are numerous and there are plenty of places to relax on a sunny afternoon.

The river and the river banks provides the perfect setting for a number of activities. The paths and footbridges are perfect for running, walking, bicycling or just watching the scenery.









From the footbridges there are numerous places to swim and fish in the summer and maybe go ice skating in the winter when the cold permitts.

The newly developed riverfront will also strenghten the activities on the water, such as kayaking, canoeing, river tubing and river surfing by providing more locations close to the surface.

THE GARDEN CINEMA

The garden cinema is a new complement to the cultural scene. It is integrated in the garden structure, at the garden square, right next to the drogenlauf cafe and the

The cinema will also host theatrical

UNDER THE BRIDGE

The uninviting space underneath the rail way bridge is included in the core structure and is dealt as a feature instead of a problem, further more it creates a more intimate connection to the reitschule.

A skate park is constructed next to the garden cinema, under the railway bridge.

BOLLWERKSTRASSE

The existing street is kept, however with a low speed limit and mixed traffic. The new Core structures frames the space creating an urban streetscape.

As a consequence, the public functions in the existing ground floor facades are strenghtened and developed.

HOTEL AND SHORT TERM HOUSING

The old Drogenlauf building is renovated and remains as a service complex vet with a shift in its prime function. A short-term dwelling is combined with shared spaces and a dining hall.

As a complement to the old drogenlauf building a new structure is placed in front of it and creates a multi functional development which integrates a few functions together with the old Drogenlauf.



THE VALLEY

The Valley relates in a direct way to the new Core structure and creates an interface between city and nature.

The paths in the Valley opens up towards the Core and creates a velcoming entrance situation.

REITSCHULE

The functions and activities of Rietschule will remain yet we propose a broadening to the public scene.

The facades towards the new square shared with the Garden is opened up to broadcast the activities of the cultural

THE GARDEN SQUARE

The vast space which used to occupy the schutzenmatt is relocated and reprogrammed to the garden square. It's an extension of the public space and connects the core with the large garden structure. It will be the natural place for outdoor fairs and markets. When needed it will work as an extension of the reitschule.

NEUBRÜCKSTRASSE

The street formerly ran right along the facade of the Reitshule and the eilgut shunting yard, creating a barrier for further development of public space.

By encasing the street below the Garden precious outdoor space is freed up for more attractive use.

ALPENEGG

The connection to Alpenegg residential and university area is considerably improved through the new Garden

Existing greenery along the slope is kept or replanted on top of the Garden residences.



DROGENANLAUFSTELLE >>

Bern has a unique and controversial drug policy.

The policy aims at reducing negative impact, to minimize health and social problems of the clients and to motivate them to take part in programs for re-socialization and therapy.

The secondary goal is to reduce the negative impact derelict drug abusers have on the quality of public space.

An important part of the drug policy is the drogenanlaufstelle.

Addicts that register at the drogenantauf recive medical checkups and treatment, consultation and syringe exchange. But also, they have a safe and hygienic place to use their drugs, keeping them off the streets and under supervision.

The drogenanlauf today is held in run down facilities by the Aare river valley in Neustadt, fenced off from the area adjacent. Schützenmatt and the valley is used as a hang out place for addicts and dealers.

The addicts are excluded from the society and looked upon as a nuisance rather than neighbors.

INCOREPORATE - AN INCLUSIVE PROPOSAL >>

We propose to incorporate both the drogenanlauf services and the Alkistübli in the new Core neighbourhood.

Our ambition is that by providing users with high quality space inside and outside, they will feel as much a part of the community as anyone else.

The re-location of the drogenanlauf, a physical integration, results in a social integration

By placing the drogenanlauf and the Alkistübli at the busiest place in the Core, we want to give it a higher status.

We also want to bring the clients into populated and vivid environments, instead of moving them to the outskirts.

Having the drogenanlauf centre integrated with the new Core neighbourhood the clients will have a chance to take part of the everyday life.

In the entrance, which is oriented towards the inner courtyard, the registered client identify him- or herself at the security desk before moving on through the lobby.

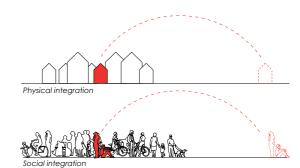
As a part of the integrity concept the exit and a syringe exchange exits on the other side of the building.

The entrance to alkistübli is located under the railway bridge on the opposite side of Reitschule.

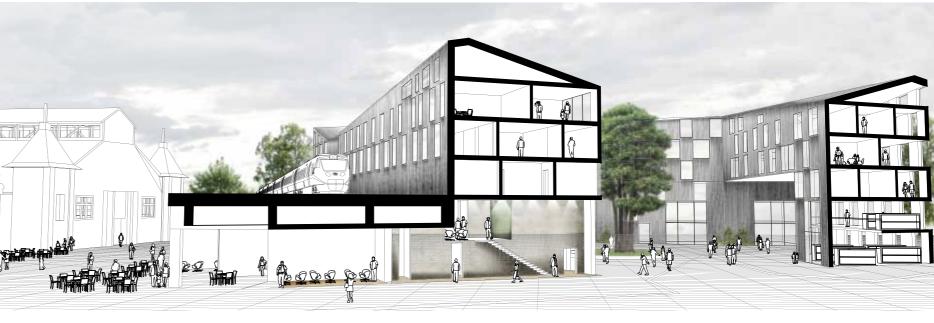
The client lounges share a public café space facing the new square towards the reitschule and the garden square.

The drug consumers area on the second floor faces the courtyard, giving clients contact with the public space while still maintaining privacy.

The main part of the staffs working space is situated an the third floor.



PERSPECTIVE SECTION B-B



DROGENANLAUF PROGRAMME >>



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BRIDGE CAFÉ >>

As part of the concept in revitalizing the space beneath the railway bridge we propose a café which is integrated in the drogenanlauf complex.

It is oriented in a south-west direction towards the new square and offers an outdoor area during sunny after-

The café has a strategic location attracting both workers and residents from the Core buildings aswell as the residents from the new garden housing.

The drogenanlauf clients can access the café through their own entries.

DROGENANLAUF AREAS INCLUSIVENESS >>

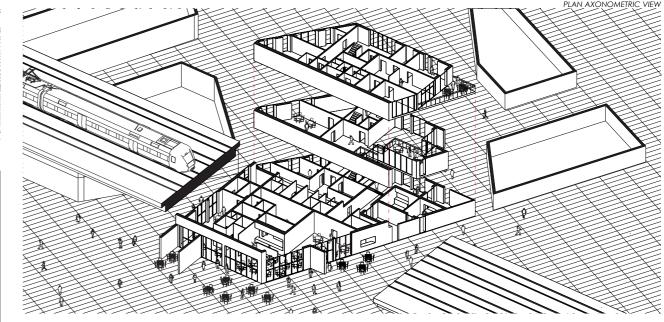
Alkistübli 75 m² Staff 275 + 75 m² 150 m² Residents 30 + 12 + 12 m²

As an objective in our vision we want to offer an integral solution for the clients at the new Drogenanlauf. For a successful rehabilitation, a re-integration into the society is of great im-

The first step is related to the programme offered to the clients at the Drogenanlauf. Secondly the client is offered a short term living. Once the client is ready, temporary work is offered. For example working in the garden or the workshop.













THE GARDEN >>

ACCESSIBLE LIVING

The special freight yard, Eligut, has lost its former function and is today used for occasional shunting operations and a car park for railway employees has taken over the space where freight sheds used to be.

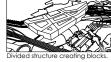
The Garden is the result of three concepts; housing, accessibility and nature.

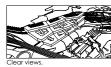
A terrassed landscape offers a living in harmony with nature as well as an urban oasis for the public.

A huge gesture is made on accessibility, a public ramp connecting the topography.

THE GARDEN CONCEPT >>

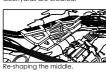




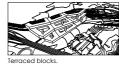








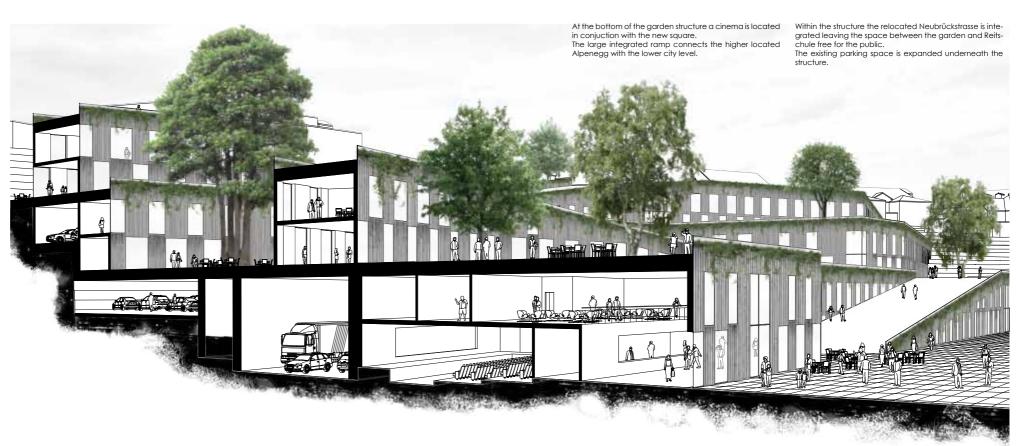






THE GARDEN PROGRAMME >>





PERSPECTIVE SECTION THE GARDEN

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TRANSFORMATION OF SPACE >>

The existing Schützenmatt area is occupied by a parking space and cut by infrastructural systems which has created a left over space with very poor public

Seen from an urban perspective the Schützenmatt has become a dead end, an isolated island, cut off from the city.

The layout of the roads not only separates the space from the city but also from the adjacent nature and thus the attractive surroundings of the Aare river.

By removing Schützenmattstrasse a closer connection to the nature is maintained. A re-location of Neubrückstrasse, under the new garden

structure, uncovers valuable space infront of the south west facade of Reitschule.

Schützenmatt is framed by the new Core buildings and creates a public courtyard.

The space under the bridge is handled as an intresting feature and is partly covered by new functions creating a smaller plaza infront of Reitschüle.

SITE ACCESSIBILITY >>

The Valley, The Core and The Garden have all been elaborated with focus on accessibility. The aim is to create a built environment with the specific and changing needs of all its inhabitants in mind, irrespective of their age, status and physical capabilities.

The Valley enables access to the river and connects the different riversides, and the different city levels, through two new pedestrian bridges. The nature of the steep slopes are aproachable by a network of paths constructed with an acceptable inclination.

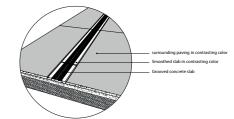
The area around The Core is evened out and paved to create a homogenous surface.

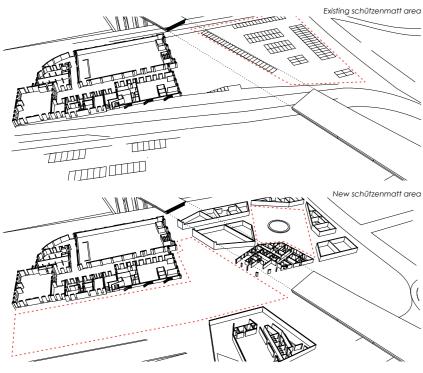


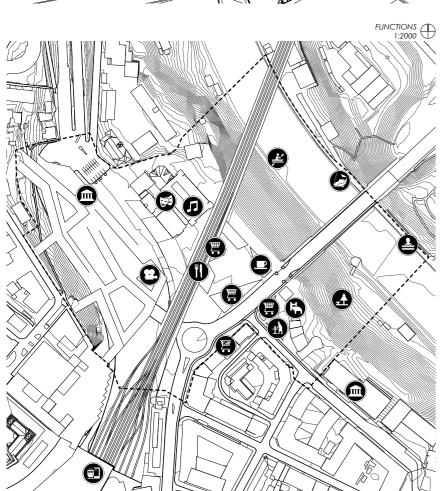
As a continuation of the newSchützenmatt surface the paving continous throughout the Garden structure connecting the higher city level, Alpenegg. The huge ramp joining the varying topography is a gesture towards improving public space where accessibility is a given feature.

The "renovated" landscape is united and the accessibility is further updated by a comprehensive guiding path.

The new proposal introduces different ways of crossing the landscape, from Altenberg to Alpenegg. One where you use the existing Lorraine bridge or the new one where you travel through the valley.









The new neighbourhood starts to come alive. The staff of the Bridge café attends their first costumers at the same time as the other Core shops are opening up for the day. Some of the Core residents are preparing to leave towards the innercity and some have already left. A group of employees are joining up with some colleagues on the way to their office in the Core.

People are moving up and down the Garden paths.



It's middle of the day and the site is populated by various groups of people. The café area is as crowded on the inside as on the outside. two street musicians are playing music on the middle of the Garden square. A theatre performance in the Reitschule passage is attracting a group of tourists. Some officeworkers are having lunch on the Core plaza watching watching a guy entering the Drogenanlauf.

Clusters of people are heading down through the valley to

the gare river. The restaurant at the corner of Bollwerkstrasse s getting more crowded as the lunch hour is passing by.



A shift in flows is occuring as the working hours has reached its end. Residents are returning home to their apartments in the Core or in the Garden at the same time as workers move in all directions.

The Cinema is about to show the first movie for the night and a group of teenagers are buying snacks in the lobby. The retail shops attracts people who are passing by and others are buing their dinner food in the grocery store. A bunch of people are entering the gym after a day at



Some shops at the Core have already closed their activity and some other are about to. The gym is open for another hour and there is still pretty much activities within it. The Cinema has just started their 9 a clock show.

The hotell, in the junction of Bollwerkstrasse and Hodler-strasse, is welcoming some late guests and in the workshop room next door a group of people are preparing an exhibition. A couple is taking a walk down the lit up paths towards the Agre river.











SUMMARY AND CONCLUSIONS

While working with our Master Thesis this spring, we have tried to apply ideas and concepts relating to accessibility and social inclusion. We found that the best strategy for us was to work with urban and public spaces that were inclusive in a wider sense.

Rather than focusing our energy on details for physical accessibility, we have worked with concepts that aims for an integration of more people over larger areas as well as over time. The sense of community and a high user mix has been central to all our solutions.

The proposal aims at introducing an architecture that is highly feasible in the local context and attractive to all Berns citizens rather than going for iconic buildings.

The focus areas we have chosen made it possible to narrow down on key strategies and solutions that are hard to grasp in a master plan.

A truly inclusive society is something that emerges and evolves over time and the architecture supporting the urban development needs to be adaptable to ever changing conditions. Incor(e) porate aims at proposing a new direction when planning for social inclusion and accessibility.